



TORRIDGE THIRD AGE GROUP <https://u3asites.org.uk/torriddle>
NEWSLETTER

Issue 556

August 2025



Comments from the Chair

At the AGM held in early July, the existing committee were voted back on for another year, along with myself as chairman. As previous, we will try to keep our u3a running as smoothly as possible.

There were several decisions made during the AGM: - First we have recognised we have several groups using the ARC (Atlantic Racket Centre) and possibly more on the horizon. To improve communication, Ralph Bennet has agreed to liaise between the ARC and committee members on strategic matters as they arise.

Second, two motions were carried. These were detailed in the Chairman's note sent last month and can be found on the website.

·We have removed the need for a Speaker charge for the monthly lunch, which is now replaced by a defined budget.

·The member attendance charge for groups using the Upper Room has been reduced to £1.00

We hope these changes will encourage more members to use the facilities and improve quality of sessions

Best Regards

Graham Thompson
Chairman Torriddle U3A

We welcome the following new members this month: Ann Overton, Des Maisey, John Williams, Penny Maisey, Richard Taylor, Sue Taylor



Future coffee morning 2024

(Provisional dates@ Northam Hall from 10:00am, Saturdays)

- 22nd November

Chairman Graham Thompson	Secretary Carolyn Kelly	Membership Secretary Julie Thompson	Newsletter Editor Andy Robilliard
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This month's notice board:

Monthly Lunch :

This month's lunch is on **20th August**— please arrive in time to take your seat in the dining room by 12 o'clock.

Our Speaker will be Pat Hadley Smith Appledore Book festival

Please remember to **book-in with Helen** before taking your seat,

Lunch will be served at **1 o'clock**. (Cost **£18.50** for two courses plus coffee). As usual — Please pay at reception prior to making your way through to the dining room.

Please could those interested in attending :

- Order their choice of meal by **15th August** if they haven't already done so.
- Contact Helen Summerhayes as follows
- Text or email (preferred)
- Please advise Helen if you are unable to attend, having booked lunch in order that the hotel can be given the correct numbers. Payment to the hotel on the day can be made by cash, card or cheque (payable The Royal Hotel). If you are paying by cheque you will need to present your cheque guarantee card, this is essential and cheques will not be accepted without it.

MENU — August 20th 2025

Roast Breast of Chicken, stuffing ball, vegetables and roast potatoes.

Or

Beef and vegetable casserole , vegetables and new potatoes

or

Jacket Potato with Prawns Marie Rose, bistro salad and coleslaw.

or

Mushroom and Blue Cheese Arancini

or

Mixed Meat or Cheese salad with chutney, house coleslaw, egg, pickled onion and minted new potatoes

Chocolate Fudge cake and cream

or

Sherry Trifle

or

Fresh Fruit Salad

or

Cheese and Biscuits

or

Ice Cream

Coffee

We are planning to start a new group from September, called "WORDS ALOUD" the group will enable its members to enjoy listening to each others favourite passages of poetry or prose for relaxation, inspiration and contemplation. Members can bring along a short, (1 or 2 pages) selection from a favourite author/poet or something they have written themselves, to read to the group or to have it read out for them by another group member.

The group will meet in the Upper Room in Northam from 10 am till 12 noon on the second Wednesday of the month starting on Wednesday September 10th.

Marianne Richards will be organising the group and you can speak to her to register your interest or find out any further details. Contact Marianne

Miscellaneous: you do not receive your electronic version or have queries regarding the printed Newsletter, please contact; - **Graham Thompson**

Availability & Booking of the Upper Room : - For details, see website, programme in Upper room or contact: - Graham Thompson

Group leader changes : -Please send note of any change in name or contact details to the group leader co-ordinator : Dennis Pavitt

Upper Room payments : - Payments due for the Upper Room, etc. should be passed to the Treasurer : - **Heather Williams**

Proposed events : - If you are planning to hold an event, please contact Graham Thompson first to ensure that there are no clashes.

GROUP REPORTS



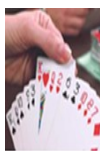
Badminton – Group Contacts
Wednesday: Diane Care
Anne Scott

We meet each Wednesday at 10am for an hour of fun badminton at the Atlantic Racquet Centre, Bideford where we use 3 courts. All equipment can be provided free of charge, each session costs £2.50. We are full at present but have a waiting list if you're interested in.



Bird Watching Group
Group Contact: Irene Hahn

The Group took a break in July as our expert, and therefore the most important member, was away on holiday. Our plan for the August outing has yet to be decided. Group Members will be informed as soon as I know. The Group is full but I am happy to add to our Waiting List.



Bridge for Improvers
Group contacts: Linda Nicholls on
Sandy Madden

Tuesday evening Improvers Bridge is now starting at 6.45 for 2 hours finishing at 8.45 in the Upper Room. We are very happy to welcome new members. We are a friendly group. Over the past year we have sadly lost a few of our members and we would welcome anyone who might think of coming to actually come and 'try us out'. We play standard Acol and are a friendly group enjoying light hearted bridge. Yes there is such a thing! Please come and see for yourselves.



Book Group 1.
Group contact: Pat Pavitt

This month's book was "The Secret Scripture" by Sebastian Barry. It is the story of the life of Roseanne Clear who has been incarcerated in an asylum in Ireland for the majority of her life. Some of the group thought it was dreary, some found it hard to read, whilst a couple liked it very much. It was a challenging read, but most of the group agreed that it was a very descriptive style of writing and provoked a lively discussion which we all enjoyed.

Next month's book is 'Things Don't break On Their Own' by Sarah Easter Collins.
Carol Bowman



Book Group 3.
Group contact Jo Sampson

Review of The Punishment She Deserves by Elizabeth George. This is one book from the Inspector Lyndley crime novels.

The format is of DCI Lyndley paired with DSHavers; the former an aristocratic 'gentleman' with a quiet calm attitude and the latter a much more unorthodox intui-

tion led character, described by her superiors in the Met as someone whose 'cocking up was her stock in trade'. But she solved crimes.

Of the many characters it is the women who come across as the strongest, described in more depth.

We thought the story too long and involved. Almost every aspect of criminality /antisocial behaviour was included, plus the police force's internal attitudes towards women.

The action was set in Ludlow and we wondered what the good people living there thought of the supposed 'goings on' in their town. The American author had obviously researched the town and surrounding area but somehow the whole setup didn't ring true.



Canasta

Group contact : TBC

This group is currently closed for the summer break



Crafty Cards & Creative Craft Class.
Group contact Alison Tamplin

or Carolyn Kelly

Card Carding

This month members returned to one of my favourites Iris folding

this time we used themes of animals and sporting objects, members



always amaze me with their creations, and many colourful cards were made.

Next month Wednesday 20th August I shall be taking the class on my own. So have chosen something easy and we will be making stitch cards.

New members are always welcome and we supply all materials and equipment for more information please contact Alison or Carolyn

Creative Craft

This month we decorated tote bags with patchwork or applique, with only three members

attending, numbers continue to be on the low side, hopefully this will pick up,

It's becoming difficult to run these craft classes, with such low attendance.



Next month Thursday 21st August I shall be taking the class on my own. So, have chosen something easy and we will be pebble painting. New members are always welcome and we supply all materials and equipment for more

information please contact Alison or Carolyn
New members are always welcome and we supply all materials and equipment. For additional info contact Alison or Carolyn as above



Croquet.

Group contact: Anne Young

The group meets weekly at Barnstaple Croquet club, Raleigh Meadow, off St. Georges Road, Barnstaple, EX31 4UX. Tuesday, weather permitting, during the summer from 2pm to 4pm. No experience is necessary and all equipment and coaching is provided. The cost is £4 to join or rejoin the group and £4 for every session you attend. Come along to meet friendly people for a fun afternoon



Devon Inns.

Group contact: Peter Mills

Or Marilyn Clarke

Our July outing provided some wonderful views of the Devon countryside, certainly for passengers, not so much the drivers watching every corner, hedge and narrows for on-coming vehicles, to top it all, it was a beautiful sunny, warm day.

The Duke of York @ Iddesleigh proved to be, still, a very good venue for food, character, service and atmosphere, we shall be back.

For the First time, hopefully not the last, the group will be meeting for lunch in the month of August.

The date is Thursday 14th August @ The Rydon Inn, Holsworthy , EX22 7HU (01409 259444)

12 Noon - 12.15 meet in the bar. Restaurant service closes at 3pm.

Members are welcome to bring guests to the venue.

The Chef at the Rydon Inn has asked our members to provide a food order prior to the lunch. A full menu is shown on the Inns website.

Full details of this venue will be sent to members in the first few days of August.

Please contact either Peter or Marilyn



Digital Camera Group 1 & 2

Group contact: Nigel Tompkins

July brought us the interesting subject "Wheels and anything round" below we have the selected entries from both groups for this month's Newsletter.

Group 1

Out of the Blue Dave Parker



Cotton

Reels Jenny Hurley



Jane Irvine

Hole in the Wall



Lady at the Prayer Wheels Melvin Lowther



Fish at Bodiam Castle Nigel Tompkins



Descent FB



Flora Judy James



For the Night Mandy King



Discussion Group.

Group contact: Irene Baxter

Discussion on Defence - one of the members thought too-much money was spent on it. Once again we discussed conscription and whether training should be given within the Services -navy army,RAF etc. Suggestions for T.A. etc can be worked within schools. Felt costs and manpower would be a problem. Talked about medical diagnosis given over the phone rather than face to face causing depression in some cases. People whom are stalked online should remove themselves. General talk about social care, mental health etc. and how public generally unhappy. Talked about politics and people some coming into country and enjoy all the benefits offered. Some of the members worried about human rights. One member said that they are unable to work for three years but another member said she had seen them delivering food. Next meeting is 6th August.



French.Group contact Jane Williams or

Our group is conversation based and members have a reasonable level of vocabulary and grammar knowledge. We also listen to native French speakers via you tube. It is not suitable for beginners.



First Friday Walkers

Group contact: Margaret Curtis

The Walk on Friday 5th September 2025 is a circular one around the Meeth Quarry Nature Reserve
Meet at: The main car park (free), Meeth Quarry, EX20 3ER.

Directions: Take the A386 Bideford to Torrington and Hatherleigh Road. Once you go past the Bull and Dragon pub in Meeth on your right, continue down the hill for about 200 metres and take a right-hand turn pointing to the Tarka Trail. Continue for about 500 metres to the very end of this track, where you will find the car park
The total journey time from Bideford is about 40 minutes, subject to traffic conditions.

Meeting Time: 10:30 a.m.

Toilets: Available close to the car park.

Walk Length: Approximately 3.5 miles.

Walk Terrain: The walk is mainly on firm tracks. There are no significant ascents or descents.

Lunch at: The Bull and Dragon Pub, Meeth at 12:45 p.m.

A five-minute drive from the Nature Reserve car park

Lunch Menu: Food choices need to be made in advance.

A lunch menu will be circulated by email at a later date.

Please book your place on the walk by Tuesday 2nd September. At the same time, please advise if you are staying for lunch.



Knit & Stitch Group.

Group contact: Heather Williams

We meet on the 1st and 3rd Thursday afternoons at 2pm in the Upper Room. We enjoy working on our own projects, finding out about what everyone else is making, having a chat and a cup of tea or coffee



History Group

Group contact: **Everett .sharp**

The History Group attracted three more members this month taking us to 20 who met on the 10th at Northam.

It was another very interesting meeting with the main speaker, our member Michael Hatcher giving a very knowledgeable presentation concerning Soviet era spying in general and specifically the KGB Colonel and British Double Agent Oleg Gordievsky who we learned provided information to the British Secret Intelligence Service (MI6) from 1974 to 1985.

Michael not only gave us the Colonel's spying career but also took time to discuss the psychological reasons for his extremely unlikely betrayal of a society within which he and other members of his family had invested their lives and very successful careers. Gordievsky later told MI6 that he recognised its corruption, hypocrisy, mismanagement and where only those at the top had a decent life equalling that of an average westerner.

His successful career obviously, as Michael told us, meant that he was less likely to come under suspicion; and it was not until an American, Aldrich Ames, a CIA counterintelligence officer, told his Soviet 'handlers' that there was a senior officer in the KGB who was a double agent, and a consequent five hour interrogation that fi-

nally precipitated his defection to Britain. Ames, who caused the death of several brave men and women because of professional jealousy and financial gain, was convicted of espionage in 1994 and is still in prison. A fascinating story very well presented, John Le Carre junior had better watch out.

I supported Michael with a tale of British 'daring do' committed by Edward Chapman a man who my research discovered his MI5 handlers described as the spy who *"the Germans came to love, but although he went cynically through all their training, he did not reciprocate. Chapman loved himself, loved adventure, loved this country, and all, most probably in that order"*.

He was a pre-war army deserter, thief, burglar, safe 'cracker', and philanderer who once escaped the police (according to him) by jumping through a closed window. A man who was also extremely charismatic, good looking, brave and by his actions in lying to the German Abwehr (intelligence service), saved the lives of many hundreds of Londoners by fooling them into changing the attack coordinates of the VI flying bomb during that campaign against the capital. Post war his flirtations not only with the opposite sex but also career criminals continued not only in this country but also France where it was alleged he had planned to kidnap the Sultan of Morocco; no one I think would disagree that he richly deserved the MI5 sobriquet of *Agent ZigZag*.

For health reasons I cannot lead August's meeting but Peter Flacke will be kindly stepping in at 10am on the 14th at The Upper Rooms, Northam.

September's meeting on the 11th looks very interesting with our main speaker, HG member Joanne Butler will give a presentation concerning one of those important, at the time, characters who are now relatively unknown: The Duke of Monmouth; and I will support her with a talk concerning his skirmishes in the west country and the near last comeuppance at the Battle of Sedgemoor near Bridgewater.



Let's Talk About Books Group contact

Chris Moss or Jane Villiers

Due to technical issues there is no report this month, but a double report is promised for next month



Mah jong

Morning Grp Contact: Nicky Heading

Would you like a morning of fun and laughter whilst at the same time exercising your brain? Mahjong is a good opportunity to do just that so why not give it a go? We are a very friendly group who would welcome any new members, beginners or "old hands". We meet on the first three Mondays of the month in the upper room at 10am until noon. Cost is £2 per session and we have all the equipment you'll need **Please note the group is now full but we are happy to start a waiting list if required**



Music—Blues/Rock.

Group Contact: David Mclellan

July's Blues and Rock session primarily focussed on the

theme Dynasties, with a range of family ties represented among the tracks played. Brothers - Ray and Dave Davies - played Destroyer from the album Give the People What they Want. The brotherly theme - three this time - continued with the Australian rock band INXS playing Don't Change from the Shaboo Shoobah album. Simon Dupree and the Big Sound also featured three brothers - the Shulmans - and their music was showcased by the 1967 hit number, Kites; a psychedelic number that they considered "unrepresentative of their usual style". Later Derek and Ray - then in the prog rock group Gentle Giant - featured in a track from their 7th studio album of the same title. Blues was represented in the form of the Catfish Blues Band - featuring lead guitarist Matt Long and his father (on keyboards). Sadly Matt died from cancer at the age of 29 in late 2024 and was remembered in our session with two tracks that showcased his great Blues/Rock style. The first was Broken Man from the album of the same name and the second track Five Long Years came from the So many Roads album. Other music played included tracks from Stevie Nicks 24 Carat live album and Levee Branch by Beverley Martin.

We are having a break in August and re-engage in September.



Playreading.

Group contact: Christine Holmes

The Playreading Group meets at members homes fortnightly at 2pm. We read a variety of plays including dramas, comedies and thrillers provided by Exeter Library. Currently we have a vacancy for someone to read male roles.



Practical Philosophy

Group Contact: **Stuart Mealing**

Or Irene Baxter

A discussion based on the theme of 'Epicurus and the philosophy of ageing' was led by Jane Kivlin and attended by an almost full group. Being members of the U3A sited us by definition in an involved age group and, as the meeting progressed, we all found relevant life experiences to offer up to the debate. Epicurus believed in equality, serenity, minimalism - and no gods, who he thought were a major source of anxiety. His view that everything in the universe was made up of atom-like particles led to his opinion that consciousness would cease with death and so we would neither be able to perceive our own death, nor would there be any afterlife to experience. For that reason he famously said that 'foolish is the person who says he fears death, not because it will pain when it comes, but because it pains in the prospect' and, of course, our death is one of the few things in life that is certain. Issues of actual and anticipated pain around death and of sadness about unfulfilled experiences and effects on others left behind were all considered. Also that, whilst he thought we'd be happier without gods to worry about, surveys show that people with religious belief are happier. Epicurus also believed that the most reliable way to be happy is to reduce one's de-

sires until it's easy to satisfy them and this led to one issue which permeated our discussion - the difference between the modern world and that inhabited by the ancient philosopher. Living on a small Greek island 2300 years ago suggested to us a simpler lifestyle surrounded by family and unencumbered by too many possessions and with very different health and lifestyle expectations. We were recommended to the book 'Travels with Epicurus' by Daniel Klein describing his travels to the Greek island of Hydra in a search for a better, more dignified way to grow old and die in which he soon realises that it is not death itself that he fears but the increasing declines associated with old age. With this we all identified.



Science, Technology & Society.

Group contact: **Barry Zussman:**

At our last meeting, we concluded our series on women in science & technology with the tragic story of Rosalind Franklin, and how she has become an icon for those who - even today - are still having to campaign for equality of opportunity and recognition. The group has now adjourned for its summer break, resuming on Tuesday 23rd September with a talk by Gill Newbold about climate change, and in particular how the UK is progressing towards its commitment to Net Zero by 2050.

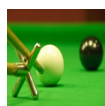


Short/Soft Tennis - Group Contacts:

Tuesday session: Janet Broomhead (Jan)

Thursday session: Lynn Woolley

We meet at 2pm for an hour every Tuesday and at 3pm every Thursday at the Atlantic Racquet Centre. All equipment is provided free and an hour long session cost £3. No experience necessary. All equipment supplied. Fun and exercise guaranteed. Both the Tuesday and Thursday short tennis groups are now full. We will keep a short list if required.



Snooker (Tue & Wed)

Current Contact: Dennis Pavitt

The U3A Snooker Group has two separate weekly sessions on Tuesday and Wednesday mornings at the Kingsley Hall in Westward Ho! We spend two enjoyable hours trying to re-capture past snooker skills and enjoying the company of similar snooker enthusiasts. If you would like further information please give me a call or send me an email.



Table Tennis.

Group Contact: **Christine Isaac**

The Table Tennis Group are still enjoying our sessions at the Youth Centre and are gradually picking up numbers again. We would be happy to see any new players that might wish to give us a try



Beginners Table Tennis.

Group Contact: Marion Coles

Atlantic Racquet Centre

Every Thursday 10 to 11am

We are currently have spaces for new members.

We are a friendly group, and happy to welcome absolute beginners . We hope shortly to have some professional coaching.



Walking Cricket

Group contact: Dennis Pavitt

After our June session was cancelled due to heavy rain, we were hoping for better weather for our July session. What we did not expect was a heatwave accompanied by severe weather warnings, so in the interests of safety the Cricket Club thought it was prudent to cancel the session. We are hoping for better things for our August session which takes place on **Saturday August 2nd from 9.30 am till 11.30 am.** hosted as usual by the Bideford, Littleham and Westward Ho! Cricket Club at their ground in Westward Ho!, where the Club will provide all the necessary equipment. Walking Cricket is open to all U3A members, male and female and it offers the opportunity for take part in some light exercise in a friendly, supportive environment. For further information and to register for the session please contact Dennis Pavitt



Third Friday Walkers.

Group contact: **Linda Burgess-Bentley**

I will be leading the walk on Friday 15 August. Details as follows:

Meet in the free car park in the village of Georgeham. There are public toilets a two minute walk from the car park. We will set off at 10.30am on a walk of 3.5 miles. We will start by walking through the village passing the blue-plaque cottage where Henry Williamson lived while he wrote his famous book, Tarka the Otter. He is buried in St Georges churchyard just behind the house. The walk then takes us over fields, along lanes and through a farm where we will hopefully see some stunning sea views. We will return via a section of the coast path which leads us to the attractive hamlet of Putsborough and finally back to Georgeham. There is one long, steep descent on grass and a long but fairly gentle ascent on the lane from Putsborough to Georgeham. I don't remember any stiles but there might just be one. However, if it was a difficult one I certainly would remember! Lunch will be at The Manor Inn, Croyde. We don't have to pre-book but they would like numbers. The menu is online for anyone who would like to have a look in advance. If you don't want a large meal, you can order from the Children's Menu and there are also sandwiches, etc to choose from.

To find Georgeham, drive to Croyde, stay on the road as it bears right after the bridge and continue through the village. Georgeham is just a mile or so further on. When you reach Georgeham, turn right into Newberry Road

opposite the Post Office and you will find the car park on your left. (For the toilets, walk back to Newberry Road, cross over and you will find them in Davids Hill about 20 yards along on your left).

If you would like to join this walk, please let me know by Tuesday 12 August. My contact details are at the top of this entry.



Ukulele group.

Group contact **Richard Patmore**

The ukulele group practiced only once this month, as our first date coincided with an invitation to play at the Taw U3A coffee morning at Roundswell. This was a very well attended event, and the hall appeared to be full of people who enjoyed singing along with us.

New members are always very welcome, please contact group leader Richard for further information.



Watercolour Groups 1&2.

Contact: Brenda Cammann

These two groups are on hold until further notice

DIARY PAGE

ACTIVITY	DATE	START	END	LOCATION
<u>Groups below meet every week</u>				
Badminton	Wednesdays	10:00	11:00	Atlantic Racquets Centre
Bridge for Improvers	Every Tuesday evening	18:45	20:45	Upper Room St Margarets
Croquet (Braunton)	Weekly on Tuesday - (May to Sept)	14:00	16:00	Croquet Club Barnstaple
French	Every Tuesday	10:30	12:30	Upper Room St Margarets
Short/Walking Tennis Thursday	Every Thursday afternoon	15:00	16:00	Atlantic Racquets Centre
Short/Walking Tennis Tuesday	Every Tuesday Afternoon	14:00	15:00	Atlantic Racquets Centre
Snooker on Tuesday	Every Tuesday from 10 a.m till 12 noon	10:00	12:00	Kingsley Snooker Hall
Snooker on Wednesday	Every Wednesday 10 am - 12 noon	10:00	12:00	Kingsley Snooker Hall
Table Tennis	Every Thursday	10:00	12:00	Bideford Youth Centre on the Pill
Table Tennis for beginners	Every Thursday between 10.00 and 11.00	10:00	11:00	Atlantic Racquets Centre
<u>Groups below meet two or three times a month</u>				
Canasta Group	Twice a month on 2nd and 4th Thursdays	10:30	12:30	Westward Ho
Knit and Stitch group	1st & 3rd Thursdays	14:00	16:00	Upper Room St Margarets
Mahjong Morning	1st and 3rd Monday between	10:00	12:00	Upper Room St Margarets
Play Reading	Every fortnight on Mondays at 2pm	14:00	16:00	private members houses various
Ukulele Group	1st & 3rd Mondays of every month	14:00	16:00	Northam Hall
<u>Groups below meet once a month</u>				
Bird Watching	TBA			Contact Group Leader
Book Group 1	3rd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Book Group 2	This group is now closed			
Book Group 3	1st Tuesday in every month	14:30	16:00	Upper Room St Margarets
Crafty Cards	3rd Wednesday in every month	09:30	12:00	Upper Room St Margarets
Creative Craft Class	3rd Thursday in the month	10:00	12:00	Upper Room St Margarets
Devon Inns	2nd Thursday in every month	12:00	14:00	See Newsletter or Contact Group Lead
Digital Camera Group 1	2nd Wednesday every month	14:00	16:30	Upper Room St Margarets
Digital Camera Group 2	3rd Wednesday in Month	15:00	17:30	Upper Room St Margarets
Discussion Group	1st Wednesday in every month	10:30	12:30	Upper Room St Margarets
First Friday Walkers	1st Friday in every month	10:30	13:00	See Newsletter or Contact Group Lead
History Group	2nd Thursday of Month	14:00	16:00	Upper Room St Margarets
Lets Talk About Books	4th Monday of the month at 2.00 pm	14:00	16:00	Upper Room St Margarets
Monthly Lunch	3rd Wednesday in Month	12:00	15:00	The Royal Hotel,Bideford
Music - Blues/Rock	2nd Thursday in every month	14:00	16:00	Upper Room St Margarets
Practical Philosophy	2nd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Science, Technology & Society	4th Tuesday in every month	14:30	16:30	Upper Room St Margarets
Scrabble	2nd Monday of the month	10:00	12:00	Upper Room St Margarets
Third Friday Walkers	3rd Friday in every month	10:30	13:00	See Newsletter or Contact Group Lead
Watercolour Group 1 (Improvers)	First Wednesday of the month	14:00	16:00	The Northam Community Centre
Watercolour Group 2 (Beginners)	Fourth Monday of the month	10:00	12:00	Upper Room St Margarets