



TORRIDGE THIRD AGE GROUP <https://u3asites.org.uk/torrige>
NEWSLETTER

Issue 555

July 2025



Comments from the Chair

AGM - Please can I encourage those of you available to attend this year's AGM on **Saturday 5th July, Northam Hall, 10-12** where Coffee and Biscuits will be provided. **All members welcome.** In preparation documents have been distributed via email and we welcome any questions you may wish to raise. This is your u3a please come as we desperately need support particularly from our 'younger' members

At the end of our **Monthly Lunch**, Helen Summerhayes and I were able to have a discussion with the new management of The Royal Hotel. I am pleased to say that the food quality was improved over the previous month. For those unaware the Royal has 'changed hands' recently, including some staff changes; - Which as they admitted, explained the service issues experienced in May. Our conversation covered areas of improvement to menus plus use of audio visual equipment and possible storage for our equipment at the Royal.

Membership: Thank you to the 323 members who have renewed their membership, A gentle reminder to those intending to re-join that subscriptions are due for 2025-6. Currently 111 members have not re-joined, their status will be set to 'lapsed' automatically as of the end of the grace period (1st July). The membership form is on the web site here <https://torridge.u3asite.uk/membership/> paper copies are also available in the Upper Room beside the noticeboard.

Best Regards

*Graham Thompson
Chairman Torrige U3A*

We welcome the following new members this month: Delia Tredwin



Future coffee morning 2024

(Provisional dates@ Northam Hall from 10:00am, Saturdays)

- 11th October, 22nd November

Chairman Graham Thompson	Secretary Carolyn Kelly	Membership Secretary Julie Thompson	Newsletter Editor Andy Robilliard
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This month's notice board:

Monthly Lunch :

This months lunch is on **July 16th 2025**— please arrive in time to take your seat in the dining room by 12 o'clock.

Our Speaker will be Alex Bowler My big cat sightings

Please remember to **book-in with Helen** before taking your seat, **who will collect the £1 speaker fee.**

Lunch will be served at **1 o'clock.** (Cost **£18.50** for two courses plus coffee). As usual — Please pay at reception prior to making your way through to the dining room.

Please could those interested in attending :

- Order their choice of meal by **11th July** if they haven't already done so.
- Contact Helen Summerhayes as follows
- Text or email (preferred)
- Please advise Helen If you are unable to attend, having booked lunch in order that the hotel can be given the correct numbers. Payment to the hotel on the day can be made by cash, card or cheque (payable The Royal Hotel). If you are paying by cheque you will need to present your cheque guarantee card, this is essential and cheques will not be accepted without it.

MENU — July 16th 2025

Roast Beef or Roast Turkey with Yorkshire Pudding and stuffing ball, roast potatoes and vegetables

or

Baked fillet of Haddock with cheesy parsley sauce, peas and sauteed potatoes

or

Jacket Potato with crispy bacon and melted cheddar cheese, bistro salad, house coleslaw

or

Spinach and apricot nut roast, roast potatoes and vegetables

or

Mixed Meat Platter or Cheese with a mixed salad, chutney, house coleslaw, boiled egg, pickled onion, and minted new potatoes

Creamed vanilla Rice Pudding with Strawberry jam

or

Mixed fruit Pavlova

or

Fruit Salad

or

Cheese and Biscuits

or

Ice Cream

Miscellaneous: you do not receive your electronic version or have queries regarding the printed Newsletter, please contact; - **Graham Thompson**

Availability & Booking of the Upper Room : - For details, see website, programme in Upper room or contact: - Graham Thompson

Group leader changes : -Please send note of any change in name or contact details to the group leader co-ordinator : Dennis Pavitt

Upper Room payments : - Payments due for the Upper Room, etc. should be passed to the Treasurer : - **Heather Williams**

Proposed events : - If you are planning to hold an event, please contact Graham Thompson first to ensure that there are no clashes.

GROUP REPORTS



Badminton – Group Contacts
Wednesday: Diane Care
Anne Scott

We meet each Wednesday at 10am for an hour of fun badminton at the Atlantic Racquet Centre, Bideford where we use 3 courts. All equipment can be provided free of charge, each session costs £2.50. We are full at present but have a waiting list if you're interested in.



Bird Watching Group
Group Contact: **Irene Hahn**

At the time of going to press, the Birdwatching Group's monthly outing had not taken place. It's a trip we have tried to take part in several times now but each time it has been cancelled by the Operators on the day. So fingers crossed that this month we are going to be successful. The Group is full but I am happy to add to a waiting list.



Book Group 1.
Group contact: **Pat Pavitt**

Our book for this month was 'The Sky Beneath Us' by Fiona Valpy. Daisy has dreamed of retracing the footsteps of her great great aunt Violet, who had been a keen plantswoman, ever since discovering her letters and journals recounting her life in the 1930s. Daisy arrives in Nepal in March 2020, ready to start trekking in the shadow of Everest, but fate and the Covid pandemic have other plans. Stranded and alone, Daisy relies on the kindness of strangers, taking inspiration from Violet's determination and resilience to keep going in the darkest of times, gradually piecing together Violet's story.

All the group enjoyed the book. It was beautifully written, evocative and wonderfully descriptive.

Our book for next month is The Secret Scripture by Sebastian Barry.



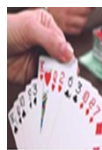
Book Group 3.
Group contact **Jo Sampson**

The Island of sea Women by Lisa See.

The story follows the lives of two women living on the South Korean island of Jeju. They are part of a community where the women harvest the sea by free deep diving so they are the earners for the family with authority over the men whose job is to take care of the children and home. This takes place against the political background of Korea from the 1940's to 2008. The detailed descriptive writing covers all aspects of the women's lives and the disintegration of their friendship as they become adults and marry with differing consequences. Political events are recalled, sometimes in horrific detail, with their consequences for the island. At the end however there is a glimmer of hope as the next two generations of the women become linked.

We had good discussions of the social and political top-

ics raised in the book. The only criticism was that it was slow to get going, requiring patience and determination to digest all the details and could have been better edited. If anyone is interested there are currently 2 free spaces available in this group. Please contact Jo for more information



Bridge for Improvers
Group contacts: Linda Nicholls

Sandy Madden

Tuesday evening Improvers Bridge is now starting at 6.45 for 2 hours finishing at 8.45 in the Upper Room. We are very happy to welcome new members. We are a friendly group. Over the past year we have sadly lost a few of our members and we would welcome anyone who might think of coming to actually come and 'try us out'. We play standard Acoll and are a friendly group enjoying light hearted bridge. Yes there is such a thing! Please come and see for yourselves.



Canasta
Group contact : Sally Matthews

We are chugging along quite happily with a convenient number for more good games. The Group is currently full so lookout for vacancies here.



Crafty Cards & Creative Craft Class.
Group contact **Alison Tamplin**

Crafty Carding

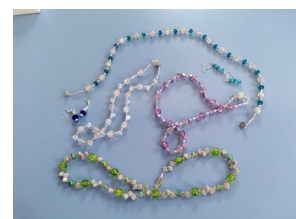
This month members returned to an old favorite of mine Parchment work with a twist, this is a very old method of decoration, but to make life easy we used embossing folders and the Big Shot, some wonderful cards were made,

some painted others just using the natural colours of parchment paper. Next month Wednesday 16th of July again returning to another old favorite and we shall be doing Iris folding using different patterns. New members are always welcome and we supply all materials and equipment for more information please contact Alison or Carolyn



Creative Craft

Only 4 members attended a class on jewellery making, members made lovely glass bead necklaces, one even making two pairs of earrings to match, next month Thursday 17th July hopefully we will get a better attendance and we will be using applique methods and patchwork to decorate a tote bag. New members are always welcome and we supply all materials and equipment. For more information please contact Alison or Carolyn





Croquet.

Group contact: Anne Young

New members are always welcome and we supply all materials and equipment. For additional info contact Alison or Carolyn as above

The group meets weekly at Barnstaple Croquet club, Raleigh Meadow, off St. Georges Road, Barnstaple, EX31 4UX. Tuesday, weather permitting, during the summer from 2pm to 4pm. No experience is necessary and all equipment and coaching is provided. The cost is £4 to join or rejoin the group and £4 for every session you attend. Come along to meet friendly people for a fun afternoon



Devon Inns.

Group contact: Peter Mills

Or Marilyn Clarke

Considering the adverse weather conditions on the day of our lunch, it was impressive to see so many members battle their way through the rain and rivers of water, to reach The Rock Inn at Georgeham, Needless to say there was a lot to talk and laugh about around the table.

The Rock & their staff did not let us down, we all enjoyed our lunch.

We have been talking about stretching out our journey time to our venues for a while now, that said for our next outing on Thursday 10th July will be to The Duke of York Inn, Iddesleigh, Winkleigh, EX19 8BG. (01837 810253)

Set in the rural heart of Devon this 15th Century Inn has all the character of its period, No pool tables or juke boxes, it has a connection to the author of The War Horse, from a book, made into a play and eventually a memorable film.

It is off the B3217 and it is a Devon drain for the last part of the journey, what else would you expect, when you get to the village the pub and its partially hidden sign are on the left side of the lane, pull in left and park up where you can in the small square, enter the Inn through an inconspicuous looking door in the middle of the terrace of buildings. Personally, I love this kind of venue, there are fewer and fewer left in business, returning here to The Duke of York after 5/6 years is overdue, thanks to covid. Look forward to seeing as many members here as possible its worth the journey through time and Devon country roads. At The Rock Inn our group also decided to have a lunch in August, which to my memory the group has not done, of course it is providing there is a venue which will take in the group in August More news will follow on this to group members.

Should our group activity, which is social, exploring other parts of Devon and having a good lunch interests you, please contact either, Peter or Maeilyn



Digital Camera Group 1 & 2

Group contact: Nigel Tompkins

Both Photography Groups gave excellent images that have delighted us all. Please find Group 1 Images below followed by the selection for Group 2

Group 1

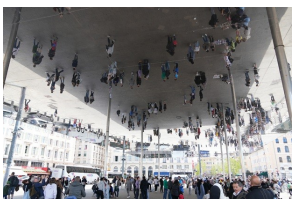


Image 1 Dennis Pavitt - Topsy Turvy



Image 2 Jane Irvine - Diagonal Boat Reflection

Image 3 Michael Hedges - Pier at Lake Achensee Austria



Image 4 Jennie Wright - Tree by Stream

Group 2

Image 1 Paul Green - Ilulissat Ice Fjord



Image 2 Judith James - Appledore

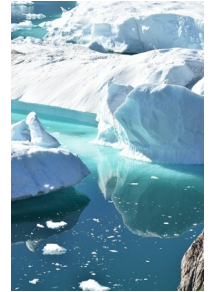


Image 3 Pauline Coombes - Surfing Reflections

Image 4 Mandy King - Water Reflections



Discussion Group.

Group contact: Irene Baxter

On 01237423374. Or 07582909838. Or g.i.b@talktalk.net

Started meeting with discussion about the closing of The Plough at Torrington. Generally most members disappointed. Followed with a discussion about Cyber bullying and how it can affect mental health and inability to want to mix with other people. Where you turn to for help. Suggested a teacher if at school or a close friend. Also the different ways the bullying is introduced. After this talked about the introduction of a gap year for young people in the RAF, Navy or Army if over 18. How it is dealt with in some other countries. Spoke about chances of a war in a few years time. Should Keir Starmer be warning about this? Agreed he should do so. How young recruits may have limited training. Troops trained eg. in Finland if Russia decide to advance war further.



First Friday Walkers

Group contact: Margaret Curtis

The walk on 1st August will be led by Pat, whose description follows:

Meet at the National Trust car park, Arlington Court, ready for a 10.30am start.

This circular walk is approximately 3.5 miles around the grounds and through woodlands of Arlington Court. Lunch

will be at the Pine Arms, Eastdown, (a favourite venue of our group), with no need to order in advance.

Directions: Follow the A39 Lynton road past the NDDH. Turn right, approximately 4 miles beyond Shirwell, signed Arlington Court. The N.T. car park is on the left, approximately half a mile from the main road. The Pine Arms is sign posted from the main road (A39).

Looking forward to seeing you all, Pat.

If you would like to join us please contact Pat on by Tuesday 29th July.



French.

Our group is conversation based and members have a reasonable level of vocabulary and grammar knowledge. We also listen to native french speakers via you tube. It is not suitable for beginners.

We meet on the 1st and 3rd Thursday afternoons at 2pm



Knit & Stitch Group.

Group contact: Heather Williams

in the Upper Room. We enjoy working on our own projects, finding out about what everyone else is making, having a chat and a cup of tea or coffee



History Group

On Thursday the 12th of June The History Group attended Northam for its third meeting where we also welcomed a new member Susan Collins. There are just two places available, so if you are interested, please don't hesitate to email me.

Group member Ann Goodyear gave an excellent presentation concerning the Yorkshire based, FitzWilliam family who she told us have had a growing role in the English state since the late Anglo-Saxon period. The resulting 1000 years had seen the family's fortunes (literally) rise, rise and rise again with fortuitous marriages given them lands and an income allowing them a lifestyle so like the fictitious Grantham family of the Downton Abbey TV series. They had also discovered that their Yorkshire estates sat on the rich Barnsley Coal Bed which just added to their rather bulging coffers, money that enabled them to build Wentworth Woodhouse the stately home being the longest frontage of a private house in the country, all 608 feet of it! And it was here that Ann was born to a senior and well respected gamekeeper. She then gave us the story not only of her own family's experience and lifestyle living in a tied house but also those of the local miners who were better treated than many. She then detailed the background to the 20th century fortunes of not only the FitzWilliams but also the deterioration of the house that matched their family's decline and final abandonment of their 'stately pile', but not without a greater tragedy involving the death of the heir but also one of the female Kennedys.

The presentation was well received with an equally interesting Q&A where further information as to the life, poisons, traps and 'shoots' with which her father was involved. Along with all of the above information we learned that once working dogs reached the end of their 'useful' life they were shot, as were any cats discovered on the estate. Different times indeed, thank goodness.

As one of the FitzWilliams had held high office twice in Tudor Ireland I then supported Ann's presentation with one concerning the personally brave but unsavoury, malicious and corrupt William FitzWilliam who used his office to - allegedly - line his own pockets. He was in office at the time of the first Spanish Armada of 1588 and dealt with the aftermath of the failed expedition when their craft, weather beaten and far from their homeland were wrecked on the dangerous Atlantic coastline of Ireland, as several hundred of the survivors were then executed upon his order. I also discussed the start of the so-called Protestant Plantations a policy encouraged and supported not only by Elizabeth's favourite The Earl of Essex but also the heroes of my youth, the westcountrymen led by the likes of Grenville, Drake and Raleigh seemingly practising for an empire that they wished to establish in the Americas. Although, again, personally very brave individuals, even the most conservative modern interpretation of their attitudes make them IMO heroes no more as their legacy is still recognisable in Ireland and by extension the USA, who are having to deal with so many years of tragedy and human displacement. However, I drew attention to the fact that such was the religious discord within the whole of Europe that if the Spanish had made a successful landing then the resulting conflict would have been absolutely cataclysmic for England and therefore we should begin to see Tudor actions as part of the continental wide religious wars. Acknowledging that during this time conflicts that led ultimately to Germany losing an estimated one third of its population. Again an interesting Q&A with new member Susan bringing to the group's attention that the first English intrusion happened after a request for support from an Irish lord, Dermot MacMurragh. I have worked as a military historian in Ireland and as you can imagine, his name and actions are roundly condemned. The next meeting will be on Thursday 10th of July when Michael Hatcher will be looking at Soviet spying and I will support him with a presentation of a very interesting English wartime double agent who was awarded the Iron Cross.

Please note there will not be a meeting in August. In September a group member is putting together a presentation on the Duke of Monmouth, a rather spoilt but equally fascinating man who, if chance had favoured him, could have changed the history of these islands.



Let's Talk About Books Group contact

Chris Moss or Jane Villiers

Continuing our ongoing series where members list the ten books they'd take to a desert island, Sue described hers which she based on her personal history of reading. 'Flower Fairies' (fondly remembered but not found) started her choices, followed by 'Orlando the Marmalade Cat' and then 'The Famous Five' by Enid Blyton which led to a discussion of current censorship of the author and whether that was appropriate. Wordsworth was included next, but in the context of 'The Oxford Book of English Verse' which allowed many other poets to join her on the island, and then the spy story 'Rogue Male' by Geoffrey Household. 'Tiger Flower' (a story based around a set of illustrations) followed and then two books chosen because their authors needed to be represented - 'The Eliots of Damerosehay' by Elizabeth Goundge and John le Carre's 'A perfect Spy'. A tai chi

manual was there to help with the stress of being marooned and finally 'The Silent Miaow' by Paul Gallico was added - a book built around an imaginary note typed by a cat. The castaway's luxury item was needle & scissors so that her enthusiasm for sewing could be indulged.

The rest of the group then described books they had read in the last month, ten in total, including a novel by Lucinda Riley, a book by Marc Ferro on the uses and abuses of history, 'The Russian Dreambook of colour and flight' and an Anna Robertson book based in Central Europe, an Ishiguro novel involving artificial intelligence and another by Lionel Shriver which overlapped with it on issues of IQ equality, 'Lucy by the Sea' which referenced the pandemic, an elegy to the pastoral and its future by James Rebank, Flaubert's Parrot by Julian Barnes and finally a novel by Edna O'Brian. Quite a range. In preparation for next month's meeting we all aim to read a classic which has so far passed us by.



Mah jong
Morning Grp Contact: Nicky Heading

Would you like a morning of fun and laughter whilst at the same time exercising your brain? Mahjong is a good opportunity to do just that so why not give it a go? We are a very friendly group who would welcome any new members, beginners or "old hands". We meet on the first three Mondays of the month in the upper room at 10am until noon. Cost is £2 per session and we have all the equipment you'll need. Just



Music—Blues/Rock.
Group Contact: David Mclellan

The first pair of tracks - played in our June session - illustrated contrasting musical deliveries from the latest album by the Welsh hard rock band Those Damn Crows. Riders on the Storm (The Doors) and Moon River (a cover by Eric Clapton & Jeff Beck) just happened to share the sad fact that both recordings were made just prior to the deaths of Doors lead man Jim Morrison (in 1971) and Jeff Beck (in 2023) respectively. Regular attenders to our session: Santana; Gary Moore and Led Zeppelin contributed some blistering guitar riffs with classic renditions. A change of style and pace was then introduced by Bob Dylan (Times Have Changed) and Jonny Lang (Lie to Me). The blues based Tedeschi Truck band and rock band Def Leppard concluded our afternoon's listening. In July we focus on a theme: **Blues/Rock Dynasties** : where family membership will characterise the afternoon's contributions.



Playreading.
Group contact: Christine Holmes

The Playreading Group meets at members homes fortnightly at 2pm. We read a variety of plays including dramas, comedies and thrillers provided by Exeter Library. Currently we have a vacancy for someone to read male roles.



Practical Philosophy
Group Contact: **Stuart Mealing**
Or Irene Baxter

The relentlessly developing world of Artificial Intelligence (AI) led us to a fresh discussion on the subject led by Barry. Informed by videos before and during the meeting an almost full group considered the current state and future implications of the three currently defined levels of AI: Narrow - which is highly specialised and with us now, General - which, like a human, can apply knowledge across various domains and will come in perhaps a decade, and Super - which surpasses human intelligence in every way and is much further away. Unsurprisingly this projected development left all of us uneasy, despite the enthusiasm and optimism of a knowledgeable speaker we'd just watched on screen. It was felt that an AI learning and exploring for itself, rather than being directed by a human, presented a grave risk for mankind. One voice questioned whether the human race was doing a good enough job on the planet to justify remaining in charge but it was hard to ignore the perspective of our own families and futures. It was suggested that we were perhaps building for ourselves a new god although it was also noted that authoritarianism that might bring is increasingly popular. In passing we discussed transhumanism, Asimov's laws of robotics, potential sentience and ongoing arguments about copyright but, whatever one's views, the genie is out of the bottle. Our provisional title for next month is 'Epicurus and ageing'.



Science, Technology & Society.
Group contact: **Barry Zussman:**

At our last meeting, the focus was on women in science & technology, and the lingering imbalance between the sexes not just in career opportunities, but also representation - and recognition - at the highest levels. This was illustrated by the examples of two particular women, a primatologist and an astronomer, who, in very different ways, have overcome these challenges to achieve the fame and acclaim they richly deserve. So engrossing was the topic that we ran out of time, so this month, on Tuesday 22nd July, we'll continue in a similar vein, with more stories of talented and determined women who've risen to the top in what has, for far too long, been predominantly a man's world.



Short/Soft Tennis - Group Contacts:
Tuesday session: Janet Broomhead (Jan)
Thursday session: Lynn Woolley

We meet at 2pm for an hour every Tuesday and at 3pm every Thursday at the Atlantic Racquet Centre. All equipment is provided free and an hour long session cost £3. No experience necessary. All equipment supplied. Fun and exercise guaranteed. Both the Tuesday and Thursday short tennis groups are now full. We will keep a short list if required.



Snooker (Tue & Wed)

Current Contact: Dennis Pavitt

The U3A Snooker Group has two separate weekly sessions on Tuesday and Wednesday mornings at the Kingsley Hall in Westward Ho! We spend two enjoyable hours trying to re-capture past snooker skills and enjoying the company of similar snooker enthusiasts. If you would like further information please give me a call or send me an email.



Table Tennis.

Group Contact: **Christine Isaac**

The Table Tennis Group are still enjoying our sessions at the Youth Centre and are gradually picking up numbers again. We would be happy to see any new players that might wish to give us a try



Beginners Table Tennis.

Group Contact: Marion Coles

The Beginners Table Tennis Group meets every Thursday at the Atlantic Racket Centre in Bideford. We have a vacancy for a new member so if you feel like giving us a try please contact me at the above email address and I can tell you about the group. All equipment is provided and no special clothing is required. As long as your shoes will not mark the floor you're good to go! We now have spaces for a few more players. We welcome absolute beginners, a friendly group, come and join us. We are hoping shortly to incorporate some professional coaching



Third Friday Walkers.

Group contact: **Linda Burgess-Bentley**

Our walk for July will be led by Janet and John Broomhead. Details as follows:

On Friday 18th July we will do an easy and flat 4.5 mile circular walk on the coastal path from Westward Ho! to the Skern and back via the burrows. Meet on the burrows near the payment hut nearest to Westward Ho! for a 10.30am start. (It is at the end of Pebbleridge Road which is a turning off Golf Links Road. You will see a sign to The Surf School). It is £8 to park but hopefully some of us will have passes or season tickets or there is some street parking in Westward Ho! or the bus.

There are toilets in the village and at the Burrows visitor centre.

Lunch will be at Country Cousins. There's no need to pre-order but please let me know by Tuesday 15th if you would like to join the walk and if you'd like lunch.



Ukulele group.

Group contact **Richard Patmore**

The Ukulele Group has attended two very different gigs in the last month. The first was at Kingsley School Bideford, where a small number of us played a selection

from our repertoire. Later in the month we played at an open day in the Bluebell home in Westward Ho! Many of the residents had friends and family with them, and they all appeared to enjoy singing along with us during the afternoon. We are now practicing for our next two performances in July.



Walking Cricket

Contact: Dennis Pavitt

Unfortunately, in true English Summer Cricket weather, our Walking Cricket group session for June was cancelled due to the previous days' heavy rain. Our July session is on Saturday July 12th from 10am until 12 noon, hosted as usual by the Bideford, Littleham and Westward Ho! Cricket Club at their ground in Westward Ho! where all the necessary equipment is provided. During July and August, the club is also hoping to arrange some early evening sessions for us. Walking Cricket is open to all U3A members, male and female and it offers the opportunity for take part in some light exercise in a friendly, supportive environment. For further information and to register for the session please contact Dennis Pavitt



Watercolour Groups 1&2.

Contact: Brenda Cammann

Currently these two groups are on hold until further notice

DIARY PAGE

ACTIVITY	DATE	START	END	LOCATION
<u>Groups below meet every week</u>				
Badminton	Wednesdays	10:00	11:00	Atlantic Racquets Centre
Bridge for Improvers	Every Tuesday evening	18:45	20:45	Upper Room St Margarets
Croquet (Braunton)	Weekly on Tuesday - (May to Sept)	14:00	16:00	Croquet Club Barnstaple
French	Every Tuesday	10:30	12:30	Upper Room St Margarets
Short/Walking Tennis Thursday	Every Thursday afternoon	15:00	16:00	Atlantic Racquets Centre
Short/Walking Tennis Tuesday	Every Tuesday Afternoon	14:00	15:00	Atlantic Racquets Centre
Snooker on Tuesday	Every Tuesday from 10 a.m till 12 noon	10:00	12:00	Kingsley Snooker Hall
Snooker on Wednesday	Every Wednesday 10 am - 12 noon	10:00	12:00	Kingsley Snooker Hall
Table Tennis	Every Thursday	10:00	12:00	Bideford Youth Centre on the Pill
Table Tennis for beginners	Every Thursday between 10.00 and 11.00	10:00	11:00	Atlantic Racquets Centre
<u>Groups below meet two or three times a month</u>				
Canasta Group	Twice a month on 2nd and 4th Thursdays	10:30	12:30	Westward Ho
Knit and Stitch group	1st & 3rd Thursdays	14:00	16:00	Upper Room St Margarets
Mahjong Morning	1st and 3rd Monday between	10:00	12:00	Upper Room St Margarets
Play Reading	Every fortnight on Mondays at 2pm	14:00	16:00	private members houses various
Ukulele Group	1st & 3rd Mondays of every month	14:00	16:00	Northam Hall
<u>Groups below meet once a month</u>				
Bird Watching	TBA			Contact Group Leader
Book Group 1	3rd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Book Group 3	1st Tuesday in every month	14:30	16:00	Upper Room St Margarets
Crafty Cards	3rd Wednesday in every month	09:30	12:00	Upper Room St Margarets
Creative Craft Class	3rd Thursday in the month	10:00	12:00	Upper Room St Margarets
Devon Inns	2nd Thursday in every month	12:00	14:00	See Newsletter or Contact Group Lead
Digital Camera Group 1	2nd Wednesday every month	14:00	16:30	Upper Room St Margarets
Digital Camera Group 2	3rd Wednesday in Month	15:00	17:30	Upper Room St Margarets
Discussion Group	1st Wednesday in every month	10:30	12:30	Upper Room St Margarets
First Friday Walkers	1st Friday in every month	10:30	13:00	See Newsletter or Contact Group Lead
History Group	2nd Thursday of Month	14:00	16:00	Upper Room St Margarets
Lets Talk About Books	4th Monday of the month at 2.00 pm	14:00	16:00	Upper Room St Margarets
Monthly Lunch	3rd Wednesday in Month	12:00	15:00	The Royal Hotel,Bideford
Music - Blues/Rock	2nd Thursday in every month	14:00	16:00	Upper Room St Margarets
Practical Philosophy	2nd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Science, Technology & Society	4th Tuesday in every month	14:30	16:30	Upper Room St Margarets
Scrabble	2nd Monday of the month	10:00	12:00	Upper Room St Margarets
Third Friday Walkers	3rd Friday in every month	10:30	13:00	See Newsletter or Contact Group Lead
Watercolour Group 1 (Improvers)	Currently on hold	14:00	16:00	The Northam Community Centre
Watercolour Group 2 (Beginners)	Currently on hold	10:00	12:00	Upper Room St Margarets