



TORRIDGE THIRD AGE GROUP <https://u3asites.org.uk/torriddle>
NEWSLETTER

Issue 553

May 2025



Comments from the Chair

Well, winter appears to be over and we are all now enjoying a warm spring. Or perhaps like me you may be suffering from an aching back from too much gardening? Either way, enjoy the weather while we can! Only a few notices this month.

Creative Craft Group. We have noted that some groups such as the Creative Craft may have to close due to falling numbers. Groups exist so long as the membership supports them. If you are interested in learning new crafts or simply making things in a small friendly group, please contact Alison Tamplin or Carolyn Kelly (contact details under craft groups in the Groups section)

Do not forget our next **Coffee Morning is on Saturday 24th May at Northam Hall** where there will be Coffee, cakes, and a raffle. All welcome to meet old friends and make new acquaintances.

AGM – Date for your diary. We have set a date for this year’s AGM on **Saturday 5th July, Northam Hall, 10-12.** Coffee and Biscuits will be provided. All welcome.

Thank you to those who have renewed their membership, **A gentle reminder to those intending to re-join that subscriptions are now due for 2025-6.** The membership form is on the web site here <https://torriddle.u3asite.uk/membership/> paper copies are also available in the Upper Room beside the noticeboard.

Finally, several of our members had a discussion about a recent programme where Rose Ayling-Ellis and a team of BSL experts taught members of a retirement community **British Sign Language.** (<https://www.bbc.co.uk/bitesize/articles/z46mcxs>) If you have interest in learning some basic British Sign Language, or indeed have skill in this area and would like to share that expertise, please contact a member of the committee. Depending on interest and expertise, perhaps we can set up a group to learn a new skill.

Best Regards

Graham Thompson
Chairman Torriddle U3A

We welcome the following new members this month: Claire Barnes, Everett Sharp, Flora Bandele, Jean Lacey, Joanne Butler, Karen Ince, Lynne Marsh, Nicholas Barnes, Nicholas Butler, Sarah Tompkins

Important message from the Treasurer

Please note that if you pay your membership by BACs there is a new account number you will need to use. Please do not pay until 1st April, this is just a message to tell you about the new number.

Sort Code 30-90-78 Number 40683160



Future coffee morning 2024

(Provisional dates@ Northam Hall from 10:00am, Saturdays)

- 24th May, 11th October, 22nd November

Chairman Graham Thompson	Secretary Carolyn Kelly	Membership Secretary Julie Thompson	Newsletter Editor Andy Robilliard
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This month's notice board:

Monthly Lunch :

This month's lunch is on **Wednesday 21st**— please arrive in time to take your seat in the dining room by 12 o'clock.

Our Speaker will be Theresa Tinsley an Honorary research fellow at the University of Exeter and she lives in Bideford. Her talk on Wednesday 21st at the lunch is:

Nobody expects North Devonians in the Spanish Inquisition, stories from the Spanish archives focusing on the reign of Queen Elizabeth I

Please remember to **book-in** before taking your seat, **who will collect the £1 speaker fee.**

Lunch will be served at **1 o'clock**. (Cost **£18.50** for two courses plus coffee). As usual — Please pay at reception prior to making your way through to the dining room.

Helen is away this month so Alison has kindly offered to take the orders

Please could those interested in attending :

- Order their choice of meal by **16th** if they haven't already done so.
- Contact **Alison Tamplin** as follows
- Text or email (preferred)
- **Alison Tamplin**
- Please advise Alison if you are unable to attend, having booked lunch in order that the hotel can be given the correct numbers. Payment to the hotel on the day can be made by cash, card or cheque (payable The Royal Hotel). If you are paying by cheque you will need to present your cheque guarantee card, this is essential and cheques will not be accepted without it.

MENU Wednesday 21st May 2025

Roast leg of Pork, Yorkshire pudding, stuffing ball, apple sauce Roast potatoes and vegetables.

or Mixed Seafood Vol-au Vent, creamy dill and white wine sauce garden peas and sauteed potatoes

or Jacket Potato with Spiced beef chilli, bistro salad, house coleslaw.

or Stuffed baked Pepper, vegetable casserole and sweet potato falafels

or Mixed meat or Cheddar cheese salad, chutney, house coleslaw egg, pickled onion and minted new potatoes

Fruit Crumble and custard

or Lemon Cheesecake or Fruit Salad

or Cheese and biscuits or Ice Cream

Coffee

Miscellaneous: you do not receive your electronic version or have queries regarding the printed Newsletter, please contact; - **Graham Thompson**

Availability & Booking of the Upper Room : - For details, see website, programme in Upper room or contact: - **Graham Thompson**

Group leader changes : -Please send note of any change in name or contact details to the group leader co-ordinator : **Dennis Pavitt**

Upper Room payments : - Payments due for the Upper Room, etc. should be passed to the Treasurer : - **Heather Williams**

Proposed events : - If you are planning to hold an event, please contact **Graham Thompson** first to ensure that there are no clashes.

GROUP REPORTS



Badminton – Group Contacts
Wednesday: Diane Care
Anne Scott

We meet each Wednesday at 10am for an hour of fun badminton at the Atlantic Racquet Centre, Bideford where we use 3 courts. All equipment can be provided free of charge, each session costs £2. We are full at present but have a waiting list if you're interested in joining.



Bird Watching Group
Group Contact: Irene Hahn

The birdwatchers had an interesting and varied two days in April. Weather conditions, and therefore sightings, were entirely different from one day to the next. This Group is full but I am happy to add to a waiting list.



Book Group 1.
Group contact: Pat Pavitt

The Figurine by Victoria Hislop

Helena steps from the plane into the bright Athenian sunshine in 1968 on her way to visit her grandparents for the first time. During the course of the novel she learns about the Junta, graverobbers, heartbreak and betrayal. Whilst the group agreed that the novel provided a very good sense of place and was very readable we felt it was overlong with a number of characters that added nothing to the story. Enjoyable but not Hislop's best if you are interested in modern Greek history.



Book Group 3.
Group contact Jo Sampson
On

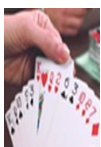
Case Histories by Kate Atkinson.

The case histories of missing persons span nearly twenty five years and the book begins with three of the four cases. They are well written with excellent character descriptions. The link between them is the private investigator Jackson, brought in by families to find the perpetrators. The fourth case concerns Jackson whose sister had been found drowned in a canal.

The story is complicated with time jumps as it unfolds (often necessitating going back in the story to check details). It kept our interest for the most part with excellent writing.

The style is rather full on in graphic descriptions of dysfunctional families and how treatment in childhood can reverberate down the years.

We have two vacancies in the group.



Bridge for Improvers
Group contacts: Linda Nicholls
Sandy Madden

Tuesday evening Improvers Bridge is now starting at 6.45 for 2 hours finishing at 8.45 in the Upper Room. We are very happy to welcome new members. We are a friendly group. Over the past year we have sadly lost a few of our members and we would welcome anyone who might think of coming to actually come and 'try us out'. We play standard Acol and are a friendly group enjoying light hearted bridge. Yes there is such a thing! Please come and see for yourselves.



Canasta
Group contact : Christine Davies

We are chugging along quite happily with a convenient number for more good games. The Group is currently full so lookout for vacancies here.



Crafty Cards & Creative Craft Class.
Group contact Alison Tamplin

or Carolyn Kelly

Card Carding



We welcomed 11 members to this month's class and a busy morning it was, I had a spring clean of my card stash and challenged members to make a variety of what we call activity cards, they certainly rose to the occasion and produced

38 lovely cards, next month **Wednesday 21st May** we will be doing an old favourite and will be making quilling pictures. Please note that crafts will come before cards this month as the 1st falls on a Thursday

Creative Craft



Four members attended this class, numbers have been down over the past few months but two members who couldn't attend asked for kits to be made up. Carolyn took this class and showed members how to make a lovely spring

wreath using tissue paper. One lady had mistakenly thought it was a history group meeting but, willingly stayed for our craft session.

Our next meeting on **Thursday 15th May** we will be using Hama beads to make key fobs and bookmarks

Please note that crafts will come before cards this month as the 1st falls on a Thursday



Croquet.

Group contact: Anne Young

New members are always welcome and we supply all materials and equipment. For additional info contact Alison or Carolyn as above
The group meets weekly at Barnstaple Croquet club, Raleigh Meadow, off St. Georges Road, Barnstaple, EX31 4UX. Tuesday, weather permitting, during the summer from 2pm to 4pm. No experience is necessary and all equipment and coaching is provided. The cost is £4 to join or rejoin the group and £4 for every session you attend. Come along to meet friendly people for a fun afternoon



Devon Inns.

Group contact: Peter Mills

Or Marilyn Clarke

Two dozen members enjoyed the hospitality of The Bell Inn at Chittlehampton for Aprils lunch, some having their lunch sitting in the sun, outside on the terrace.

Our next groups outing on Thursday 8th May has been arranged at The Black Venus Inn, Challacombe, Barnstaple, EX31 4TT. (01598 763251)

Approximately 40 minutes' drive from Westward Ho!, 39 Kilometres.

Meet 12 Noon - 12.15 in the bar, New U3A members and guests of members are always welcome.

Members are free to choose their meal from the menu and specials board on the day.

Contact either Peter or Marilyn at your earliest convenience to reserve your seat at the table, as time is short with our lunch being so early in the month.



Digital Camera Group 1 & 2

Group contact: Nigel Tompkins

Photography Group 1 and 2 had some good examples of Black and White Images. I enjoyed both meetings immensely. A good turnout for both.

Below are the images selected for the Newsletter



Moon and Stars David P



Grey Jay CP



Exmoor—Trees JAJ



Kenilworth Chrissie R



Tignes Andy R



St Mawes at sunset (Michael H)



Tree lined avenue DH



Zebra ML

Next month's subject is 'On the Street'
Started our meeting with a minimal update on Gaza. Then



Discussion Group.

Group contact: Irene Baxter

had a discussion on the idea being put forward to merge five local councils into a larger one. The idea being it would be cheaper to run but consensus that it would be expensive to set up. It seems that North Devon loses out due to its remote location. Put forward that it would maybe better to reform councils. Next topic was the sewage problem and extensive spillage. Talk on how other countries cope. Discussed the current plans of building on flood plains. The lack of infrastructure for the hundreds of new properties going up. Followed up with a talk about Donald Trumps plans for Greenland! Suggested that Trump may increase the land area he owns there. Spoke about Trump feeling that his contribution towards defence/ wars is far greater than what Europe is putting in. This will be an ongoing topic for months!



First Friday Walkers

Group contact: Margaret Curtis

Friday 6th June.

Linda has kindly sent a brief description of her Dulverton walk to all members and more details will follow in a few days time.



French.

Our group is conversation based and members have a reasonable level of vocabulary and grammar knowledge. We also listen to native french speakers via you tube.

It is not suitable for beginners.



Knit & Stitch Group.

Group contact: Heather Williams

We meet on the 1st and 3rd Thursday afternoons at 2pm in the Upper Room. We enjoy working on our own projects, finding out about what everyone else is making, having a chat and a cup of tea or coffee



Let's Talk About Books

Group contact **Peter Flacke**

The group heard one member's Desert Island Books (choices: History of Christian Names by Charlotte Yonge, Old Peter's Russian Tales by Arthur Ransome, Chekhov's Plays, Essential Picasso, The Oxford Book of French Poetry, The Leopard by Giuseppe di Lampedusa, Flight Behaviour by Barbara Kingsolver, Nature's Calendar by Chapman, Ellender, Taines & Warren, Women and Power by Mary Beard, The Rubaiyat of Omar Khyam). The following were among the books then presented:

The Life and Adventures of William Buckley by John Morgan - Recollections of an English convict who escaped from the Port Arthur penal colony, near modern day Melbourne, in 1803 and lived with an Aboriginal tribe for 32 years.

Demon Copperhead by Barbara Kingsolver - Hard times in Hillbilly land for Damon who navigates his way through a prescription drug blighted landscape. Based on David Copperfield, it won a Pulitzer prize but was also dismissed as poverty porn by some critics.

Middlemarch by George Elliot - The tale of lives and loves in a rural English town. Sometimes called the greatest novel in the English language, and certainly quite long.

Glorious Exploits by Ferdia Lennon - Imprisoned in the quarries of Syracuse, thousands of defeated Athenians survive...just. But not everything is lost, they can still recite lines from Greek tragedy

John Cage 4'33" Silence Today by Dieter Daniels, Inke Arns et al - The most comprehensive publication to date on John Cage's iconic meditation on the sound of silence.

Tasting Sunlight by Ewald Arenz - A bond develops between an angry teenage runaway and a middle-aged woman running a large farm on her own, as they work the land and slowly heal.

Next meeting 26th May at 2 pm. The topic for discussion will be another member's Desert Island Books.



History Group

This group holds its meetings on the 2nd Thursday of the month at The Upper Room, St Margaret's Church, Northam from 10am to 12 midday. At present we have 17 members with a vacancy for just one more.

As it is a new group and leader everyone is still finding out via feedback what areas they would like to see covered, at what level and length of each talk or talks. My own speciality is WW1 but as this is not to everyone's taste I decided on the general theme of Revolution and Regime Change; and presented that carried out in 1485 by the Tudor King Henry VII against the Yorkist incumbent Richard III.

Henry is a fascinating character who would never have reached such a lofty height without the support of his amazing mother Margaret Beaufort and the violent deaths of many of his distant and not so distant relations during the Wars of the Roses. Even then there were still 18 men and women who had a better linear and familial claim to the throne.

Consequently you can easily see Henry fitted the saying 'Uneasy lies the head that wears the crown' and in consequence he faced many rebellions, two of which in 1497 originated from here in the west country. Therefore I split the talk into three, first, as a new Lancastrian King his coming to the throne, second the Cornish 'An Gof' rebellion that reached London and third the later Perkin Warbeck attempt to seize the throne as he and his international backers promoted him as Richard, Duke of York, one of the 'Princes in the Tower'. He laid siege to Exeter but, repulsed, moved on to Taunton, the Tower of London after capture and then much later, on the scaffold at Tyburn, hung as a common man and pretender.

If you have a love of history and especially if you would enjoy presenting please contact me. The next meeting: Thursday 8th May.



Mah jong

Morning Grp Contact: Nicky Heading

Email:

Would you like a morning of fun and laughter whilst at the same time exercising your brain? Mahjong is a good opportunity to do just that so why not give it a go? We are a very friendly group who would welcome any new members, beginners or "old hands". We meet on the first three Mondays of the month in the upper room at 10am until noon. Cost is £2 per session and we have all the equipment you'll need. Just



Music—Blues/Rock.

Group Contact: David Mclellan

In April we enjoyed an excellent attendance and a variety of music tracks, mostly based on the theme "Planes Trains and Automobiles". Car and train references/titles were the most popular with a sprinkling of planes and a single bus track (Magic Bus by the Who). Walter Trout kicked off proceedings with Highway Song; Tony Joe White reminisced, with I Want my Fleetwood (Cadillac) Back, Bruce Springsteen sang about a Pink Cadillac and the Cowboy Junkies played 200 Miles. The Allman

Brothers played Jessica from the Wipe the Windows, Check the Oil, Dollar Gas album; sadly, lead guitarist Duan Allman and bassist Barry Oakley had previously been killed - a year apart - in motor bike crashes. A succession of train references included: Runaway Trains by Tom Petty; two versions of The Train Kept a Rollin' by Motorhead and Aerosmith respectively: Locomotive Breath from Jethro Tull's Aqualung album; Welsh rock group and Graffiti on the Train. Finally, the planes took off with: Drop the Pilot (Joan Armatrading): Jefferson Airplane; Flight 505 by the Rolling Stones and finally Pink Floyd's Learning to Fly. In May' session we have a free - for -all of blues and rock tracks to search out and play.



Playreading.

Group contact: Christine Holmes

The Playreading Group meets at members homes fortnightly at 2pm. We read a variety of plays including dramas, comedies and thrillers provided by Exeter Library. Currently we have a vacancy for someone to read male roles.



Practical Philosophy

Group Contact: **Stuart Mealing**

Or Irene Baxter

Our discussion this month, led by Irene, Viv and Jill, was on neurodiversity and it seems that everyone in the group either had professional or familial experience of the subject or, in many cases, both. The particular relevance of the subject to philosophy lay in the new light it throws on the nature of consciousness, on issues like the mind-body problem, and in the revolutionary ideas arrived at by a number of philosophers and scientists with - and perhaps because of - the condition. Following a comprehensive explanation of the condition and a brief history of successive parliamentary acts relating to it we considered the behavioural thresholds for identifying neurodiversity, the educational needs it engendered and our societal response. We learned that one in seven people has the condition and we looked at diagnosis using brain scans, at the genetic identification of FXS (Fragile X Syndrome) which is a common inherited cause of autism, of the potential for genetic eradication, and at the possibility of over-diagnosis. Creating the label of SEN (Special Educational Needs) is now widely considered to have been a mistake, even by Baroness Warnock who compiled the eponymous report (1979) on the subject, and it affected the implementation of school league tables required by the Education Act (1988). This led us to a consideration of the changing responsive role of teachers within the education system and it was noted in passing that 'it takes a village to raise a child'. It was strongly suggested to us that symptoms rather than labels were crucial but it was also noted that without labels access to treatment was not forthcoming. Holistic assessment was regarded as crucial.



Science, & Technology Society.

Group contact: **Barry Zussman:**

At our last meeting, David Dickinson took us on a deep dive back through geological time, to explore the various factors, both terrestrial and solar, that have influenced our climate - sometimes catastrophically - in the past, and continue to do so today, but now with the added impact of eight billion of us pumping out ever more greenhouse gases into the atmosphere. We have been warned!

This month, on Tuesday 27th May, our topic will be 'Science in the Home'. There won't be a formal presentation, but instead, I'm inviting all group members to contribute with interesting questions we can discuss, and/or suggest some short online videos we can watch together. I look forward to hearing from you!



Short/Soft Tennis - Group Contacts:

Tuesday session: Janet Broomhead (Jan)

Thursday session: Lynn Woolley

We meet at 2pm for an hour every Tuesday and at 3pm every Thursday at the Atlantic Racquet Centre. All equipment is provided free and an hour long session cost £3. No experience necessary. All equipment supplied. Fun and exercise guaranteed



Snooker (Tue & Wed)

Current Contact: Dennis Pavitt

The U3A Snooker Group has two separate weekly sessions on Tuesday and Wednesday mornings at the Kingsley Hall in Westward Ho! We spend two enjoyable hours trying to re-capture past snooker skills and enjoying the company of similar snooker enthusiasts. If you would like further information please give me a call or send me an email.



Table Tennis.

Group Contact: **Christine Isaac**

The Table Tennis Group are still enjoying our sessions at the Youth Centre and are gradually picking up numbers again. We would be happy to see any new players that might wish to give us a try



Beginners Table Tennis.

Group Contact: Melvyn Lowther

The Beginners Table Tennis Group meets every Thursday morning at the Atlantic Racket Centre in Bideford. The group caters mainly for members who haven't played for a long time but absolute beginners are also welcome when vacancies occur.



Third Friday Walkers.

Group contact: **Linda Burgess-Bentley**

Jenny and Steve will lead our walk on Friday 16 May. Details from Jenny and Steve are as follows:

This is a gentle 3.4 mile walk based on Home Farm

Marsh conservation area.

We will meet at the car park at the end of Fremington Quay (beyond the children's playground) and set off at 10.30am.

The walk initially is along a short piece of the Tarka Trail, until we turn off onto the foreshore. It is gentle walking with lovely views of the river. We then enter the nature reserve for most of the walk, which is all easy grass paths but lovely views and if we are lucky, we might see some interesting wildlife. The final part of the walk is along the Tarka trail back to the car park

There are 2 styles on the walk

We will be going to the New Inn at Fremington for lunch. Pre order is preferred.

Could I please have menu choices by Tuesday May 13th to Jenny Whinney



Watercolour Groups 1&2.

Contact: Brenda Cammann

Group 1 painted their versions of puffins which proved to be a popular and colourful subject. The iconic red beak and orange legs are a perfect contrast to the black and white feathers. This type of colour palette is a 'gift' for an artist providing counter-change and consequently makes the result more eye-catching.

Group 2 did not meet this month as the session was cancelled.



Ukulele group.

Group contact **Richard Patmore**

The Ukulele Group has had a very busy April rehearsing a new play list for some upcoming gigs. Firstly, the group had a most enjoyable afternoon playing for the Northam Methodist Friendship Group. We were asked to play songs that they would have sung in their youth and they all seemed to enjoy our selection which ranged from the Beatles to Tom Jones.



We are now preparing for a new performance at Chittlehampton Village Hall on 16th May. Tickets are available from Martin Ives tel. 01769540886 for anyone who would like to hear us play.

U3A CROQUET GROUP

Braunton U3A run a croquet group during the summer and invite members from the surrounding U3A's to join the group.

The U3A Croquet Group will be starting on Tuesday 29th April.

The group meets weekly at Barnstaple Croquet club, Raleigh Meadow, off St. Georges Road, Barnstaple, EX31 4UX.

Tuesday, weather permitting, during the summer from 2pm to 4pm.

No experience is necessary and all equipment and coaching is provided.

The cost is £4 to join or rejoin the group and £4 for every session you attend.

Contact Anne Young for more information and to book your place.

Come along to meet friendly people for a fun afternoon

Chittlehampton Village Hall
Music Night
 with
The Ukulele All Stars
 Friday 16th May at 7.30pm



ALSO
 CAFE QUATRE &
 LEWIS BARTON

TICKETS
 £8.00

BYO DRINKS

Tel: 01769 540886 or
 email: martin.ives50@gmail.com

IN AID OF THE VILLAGE HALL RENOVATION FUND

DIARY PAGE

ACTIVITY	DATE	START	END	LOCATION
<u>Groups below meet every week</u>				
Badminton	Wednesdays	10:00	11:00	Atlantic Racquets Centre
Bridge for Improvers	Every Tuesday evening	18:45	20:45	Upper Room St Margarets
Croquet (Braunton)	Weekly on Tuesday - (May to Sept)	14:00	16:00	Croquet Club Barnstaple
French	Every Tuesday	10:30	12:30	Upper Room St Margarets
Short/Walking Tennis Thursday	Every Thursday afternoon	15:00	16:00	Atlantic Racquets Centre
Short/Walking Tennis Tuesday	Every Tuesday Afternoon	14:00	15:00	Atlantic Racquets Centre
Snooker on Tuesday	Every Tuesday from 10 a.m till 12 noon	10:00	12:00	Kingsley Snooker Hall
Snooker on Wednesday	Every Wednesday 10 am - 12 noon	10:00	12:00	Kingsley Snooker Hall
Table Tennis	Every Thursday	10:00	12:00	Bideford Youth Centre on the Pill
Table Tennis for beginners	Every Thursday between 10.00 and 11.00	10:00	11:00	Atlantic Racquets Centre
<u>Groups below meet two or three times a month</u>				
Canasta Group	Twice a month on 2nd and 4th Thursdays	10:30	12:30	Westward Ho
Knit and Stitch group	1st & 3rd Thursdays	14:00	16:00	Upper Room St Margarets
Mahjong Morning	1st and 3rd Monday between	10:00	12:00	Upper Room St Margarets
Play Reading	Every fortnight on Mondays at 2pm	14:00	16:00	private members houses various
Ukulele Group	1st & 3rd Mondays of every month	14:00	16:00	Northam Hall
<u>Groups below meet once a month</u>				
Bird Watching	TBA			Contact Group Leader
Book Group 1	3rd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Book Group 2	This group is now closed			
Book Group 3	1st Tuesday in every month	14:30	16:00	Upper Room St Margarets
Crafty Cards	3rd Wednesday in every month	09:30	12:00	Upper Room St Margarets
Creative Craft Class	3rd Thursday in the month	10:00	12:00	Upper Room St Margarets
Devon Inns	2nd Thursday in every month	12:00	14:00	See Newsletter or Contact Group Lead
Digital Camera Group 1	2nd Wednesday every month	14:00	16:30	Upper Room St Margarets
Digital Camera Group 2	3rd Wednesday in Month	15:00	17:30	Upper Room St Margarets
Discussion Group	1st Wednesday in every month	10:30	12:30	Upper Room St Margarets
First Friday Walkers	1st Friday in every month	10:30	13:00	See Newsletter or Contact Group Lead
History Group	2nd Thursday of Month	14:00	16:00	Upper Room St Margarets
Lets Talk About Books	4th Monday of the month at 2.00 pm	14:00	16:00	Upper Room St Margarets
Monthly Lunch	3rd Wednesday in Month	12:00	15:00	The Royal Hotel,Bideford
Music - Blues/Rock	2nd Thursday in every month	14:00	16:00	Upper Room St Margarets
Practical Philosophy	2nd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Science & Technology Society	4th Tuesday in every month	14:30	16:30	Upper Room St Margarets
Scrabble	2nd Monday of the month	10:00	12:00	Upper Room St Margarets
Third Friday Walkers	3rd Friday in every month	10:30	13:00	See Newsletter or Contact Group Lead
Watercolour Group 1 (Improvers)	First Wednesday of the month	14:00	16:00	The Northam Community Centre
Watercolour Group 2 (Beginners)	Fourth Monday of the month	10:00	12:00	Upper Room St Margarets