



**TORRIDGE THIRD AGE GROUP** <https://u3asites.org.uk/torrington>  
**NEWSLETTER**

**Issue 552**

**April 2025**



**Comments from the Chair**

I hope you have had a chance to enjoy some of the lovely weather we have experienced towards the end of March. With the clocks going forward and many shrubs and flowers beginning to show, Spring really does seem to have arrived.

April is also the start of our new membership year, so a gentle reminder for you all to renew your membership as soon as you can. Due to rising postage costs etc it would now cost us over £200 to send out all new membership cards by Royal Mail, so please remember that if you want your new membership card posted back to you, you need to include a stamped addressed envelope with your application form. Alternatively, membership cards will be available from the beginning of June via your group leaders or from the Upper room or at our monthly meeting at the Royal Hotel. The good news this month is that the issue with the electric sockets in the Upper Room is now resolved.

Due to travel and availability, the committee did not meet this month, hence we have not yet ascertained who will be standing for re-election in 2025-26 and hence any positions that need to be filled. However, if you are interested in helping to run the U3A or starting a new group, please contact a member of the committee who can answer any questions.

**Best Regards**

**Graham Thompson**  
**Chairman Torrington U3A**

We welcome the following new members this month: Susan Smith

**Important message from the Editor**

**Due to a holiday next months Newsletter will be delay in being sent. I will be back in Barnstaple by the 6th May and will send the newsletter out asap after that. Thank you in advance for your patients**

**Important message from the Treasurer**

**Please note that if you pay your membership by BACs there is a new account number you will need to use. Please do not pay until 1st April, this is just a message to tell you about the new number.**

**Sort Code 30-90-78 Number 40683160**



**Future coffee morning 2024**

(Provisional dates@ Northam Hall from 10:00am, Saturdays

- 24th May, 11th October, 22nd November

<b>Chairman</b> Graham Thompson	<b>Secretary</b> Carolyn Kelly	<b>Membership Secretary</b> Julie Thompson	<b>Newsletter Editor</b> Andy Robilliard
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**This month's notice board:**

**Monthly Lunch :**

This month's lunch is on **April 16th**— please arrive in time to take your seat in the dining room by 12 o'clock.

Our speaker for April is Paul Rendell a popular speaker and well liked at our U3a lunches, his subject this month is something different and he will be talking about his adventures as a Dartmoor Ranger. I can highly recommend his talks and suggest that this would be a lunch to attend if you are not a regular at our monthly lunches.

Please remember to **book-in with Helen** before taking your seat, **who will collect the £1 speaker fee.**

Lunch will be served at **1 o'clock.** (Cost **£18.50** for two courses plus coffee). As usual — Please pay at reception prior to making your way through to the dining room.

Please could those interested in attending :

- Order their choice of meal by **April 11th** if they haven't already done so.
- Contact Helen Summerhayes as follows
- Text or email (preferred)
- Please advise Helen if you are unable to attend, having booked lunch in order that the hotel can be given the correct numbers. Payment to the hotel on the day can be made by cash, card or cheque (payable The Royal Hotel). If you are paying by cheque you will need to present your cheque guarantee card, this is essential and cheques will not be accepted without it.

**MENU —**

Roast Breast of Chicken, stuffing ball, vegetables and roast potatoes.

Or

Beef and vegetable casserole , vegetables and new potatoes

or

Jacket Potato with Prawns Marie Rose, bistro salad and coleslaw.

or

Penne pasta ,creamy mushroom and spinach sauce and garlic bread

or

Mixed Meat or Cheese salad with chutney,house coleslaw,egg,pickled onion and minted new potatoes

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Chocolate Fudge cake and cream

or

Sherry Trifle

or

Fresh Fruit Salad

or

Cheese and Biscuits

or

Ice Cream

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Coffee

**Miscellaneous:** you do not receive your electronic version or have queries regarding the printed Newsletter, please contact; - **Graham Thompson**

**Availability & Booking of the Upper Room :** - For details, see website, programme in Upper room or contact: - Graham Thompson

**Group leader changes :** -Please send note of any change in name or contact details to the group leader co-ordinator : Dennis Pavitt

**Upper Room payments :** - Payments due for the Upper Room, etc. should be passed to the Treasurer : - **Heather Williams**

**Proposed events :** - If you are planning to hold an event, please contact Graham Thompson first to ensure that there are no clashes.

## GROUP REPORTS



**Badminton** – Group Contacts  
**Wednesday:** Diane Care  
Anne Scott

We meet each Wednesday at 10am for an hour of fun badminton at the Atlantic Racquet Centre, Bideford where we use 3 courts. All equipment can be provided free of charge, each session costs £2. We are full at present but have a waiting list if you're interested in joining



**Bird Watching Group**  
Group Contact: **Irene Hahn**

At the time of writing, the Birdwatching Group's March outings had not taken place. By leaving it later in the month we hope for more sightings of those birds who disappear to warmer climes during our winters and are starting to arrive back for our Summer climate. This Group is full (of enthusiastic birdwatchers) but I am happy to add to a waiting list.



**Book Group 1.**  
Group contact: **Pat Pavitt**

### **Lessons in Chemistry by Bonnie Garmus**

Chemist Elizabeth Zott is not your average woman. In fact, Elizabeth would be the first to point out that there is no such thing. It is the early 1960's and her all-male team at Hastings Research Institute take a very unscientific view of equality. Forced to resign, she reluctantly takes the position as the host of a cooking show, Supper at Six. Her revolutionary approach to cooking, fuelled by scientific and rational commentary, grabs the attention of the nation. Soon a legion of overlooked housewives find themselves daring to change the status quo, one molecule at a time. The book was enjoyed by most of the group and different themes led to a lively discussion. Our book for next month is The Figurine by Victoria Hislop. Judy Seabright.



**Book Group 2.**  
Group contact **Hazel McLellan**

### **The Silk Merchant's Daughter Dinah Jeffries**

The story of a young woman caught between two different worlds and cultures. Set in 1952 in French Indochina, Nicole has a French father and a Vietnamese mother who died when she was born. Her older sister, Sylvie, takes after her father and looks French whereas Nicole takes after her Vietnamese mother. Sylvie is handed the control of the family silk business and Nicole is handed a small, abandoned silk shop in the Vietnamese quarter of Hanoi. The area is teeming with rebels who want to end French rule by any means. Nicole is soon awakened to the corruption of the French rule and the part played by her father. Before long she finds her loyalty tested. Does she support her French or her Vietnamese side?

This book was enjoyed by all the members of the group. We found that we learned a lot of the history of that period in the history of Vietnam. The author managed to incorporate a intriguing story into a historical event. The

descriptions of the conflicts were terrible and the way the Vietnamese were treated by the French rulers was awful. (It seems that nothing much has changed in conflict situations so we haven't learned from history.) Nicole is always torn between loyalty to her father and sister on the French side and her own leaning towards her Vietnamese heritage. At one stage she paid a heavy price for her mixed feelings but managed to pull through in the end. After almost seventeen years this was our last group meeting so we treated ourselves to coffee and cake at Maggie's. I would like to take this opportunity to thank all the lovely ladies who have been with me, some from the beginning but others from very early on in the life of the group. I've enjoyed our monthly discussions, some about the books and others putting the world to rights. Thank you also for the unexpected gift. I look forward to meeting up with you all on a less formal basis. Hx



**Book Group 3.**  
Group contact **Jo Sampson**  
On

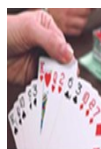
How to Measure a cow by Margaret Forster.

Two women with different personalities live opposite each other. Tara on release from prison takes on the alias of Sarah, a person who hides her past, dresses in sombre clothes and tries to live a sombre life. Her neighbour Nancy keeps herself to herself, never revealing her emotions, with nothing to look forward to except the same old routines.

They come together and Tara realises she can only be herself, a lively colourful character who had a rebellious childhood, born to a drug addict, rejecting her foster mother and experiencing cold unfeeling behaviour from her foster father.

Nancy is curious about Sarah, making approaches to her and on one occasion blurting out something from her past - her farmer father taught her how to measure a cow. But will it mean friendship with the sharing that that entails? There were mixed reactions in the group. The book was unsatisfactory in parts with not the usual depth of writing associated with Margaret Forster. This was her last book which may account for this but it is a very good read.

**There are currently two vacancies in this group so please contact the group leader if you are interested**



**Bridge for Improvers**  
Group contacts: Linda Nicholls

Sandy Madden

Tuesday evening Improvers Bridge is now starting at 6.45 for 2 hours finishing at 8.45 in the Upper Room. We are very happy to welcome new members. We are a friendly group. Over the past year we have sadly lost a few of our members and we would welcome anyone who might think of coming to actually come and 'try us out'. We play standard Acol and are a friendly group enjoying light hearted bridge. Yes there is such a thing! Please come and see for yourselves.



**Canasta**  
Group contact : Christine Davies

We are chugging along quite happily with a convenient number for more good games. The Group is currently full so lookout for vacancies here.



**Crafty Cards & Creative Craft Class.**

Group contact **Alison Tamplin**

or **Carolyn Kelly**

**Crafty Carding**

This month in line with the time of the year we made spring and Easter cards, nine members managed to make 38 cards, which I am sure you will agree All look lovely. Next month **Wednesday 15th April** we will be trying out new step, box and shaker cards. I have been having a spring clean of my card stash and came across these kits which I must have purchased years ago. New members are always welcome at these meetings, and we supply all materials and equipment for more information please contact Alison or Carolyn



**Creative Craft**

This month I had planned to knit Easter chicks and bunnies etc, but unfortunately only one member turned up. Both Carolyn and I are finding running this group difficult when numbers are increasingly declining. Next month we shall review our position on continuing this class.



On **Thursday 16th April** we will be making Spring Wreaths, this is a lovely simple technique new to all of you, which Carolyn learnt on a trip to Liverpool. New members are always welcome at these meetings, and we supply all materials and equipment for more information please contact Alison-or Carolyn

**Croquet.**

Group contact: Anne Young



New members are always welcome and we supply all materials and equipment. For additional info contact Alison or Carolyn as above

The group meets weekly at Barnstaple Croquet club, Raleigh Meadow, off St. Georges Road, Barnstaple, EX31 4UX. Tuesday, weather permitting, during the summer from 2pm to 4pm. No experience is necessary and all equipment and coaching is provided. The cost is £4 to join or rejoin the group and £4 for every session you attend. Come along to meet friendly people for a fun afternoon

**Devon Inns.**

Group contact: Peter Mills

Or Marilyn Clarke



The Bell Inn at Parkham welcomed 31 members for a very enjoyable and successful lunch, for our March outing it has become a popular venue with our group. Our April venue on Thursday 10<sup>th</sup>, is yet another popular member venue named The Bell Inn @ Chittlehampton, Unberleigh, EX37 9QL. 01769 540368

The Village is about 40 minutes' drive , 32 Kms, from Westward Ho! out past Bishops Tawton, there are a couple of routes in that direction that you could take.

Opposite the front of The Bell is the Village Square with plenty of parking spaces.

We will need to pre-order our food, there is an extensive menu on their website, to select either a snack, light meal or a 3-course full monty blow out.

Good selection of local beers and ciders, to wash it all down.

Members will receive a more detailed personal email around this month's end.

New Members and Members guests are always welcome to come along and see whether the group suits you.

Yes another Inn called The Bell, Not The Bell, Parkham, or The Bell @ Monkleigh .....Chittlehampton is the key and important difference.

Look forward to seeing you all in Chittlehampton.

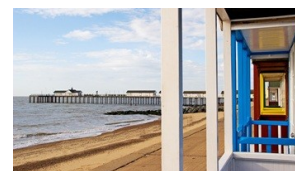


**Digital Camera Group 1 & 2**

Group contact: Nigel Tompkins

A good turn out for both Group 1 and 2 meetings. Excellent images as always. Some are really inventive. The subject this month was " Doorway or Portal " Images from Group 1 chosen for the Newsletter this month were

Beach Huts and Pier by Melvyn Lowther



BackStreet Dolce Aqua by Jane Irvine



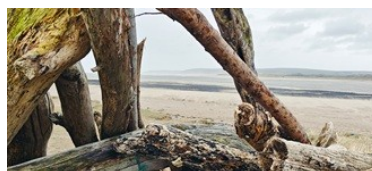
Bridge at Dunster Castle by Michael Hatcher

Lost Gardens of Heligan Tool Shed by Jenny Hurley

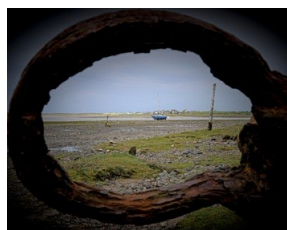


Images chosen from Group 2 are

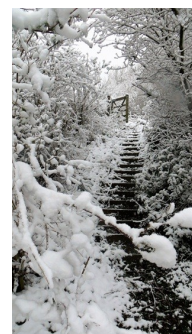
Fountains Abbey by Cathy Pavitt



Northam Burrows by Andy Robilliard



Staircase to Winter by Pauline Coombes



Through the Eye of an Anchor by Nigel Tompkins

Next Month's subject is "Black & White"



### Discussion Group.

Group contact: Irene Baxter

Discussion started with a talk about banking fraud and subsequent action. Followed by a talk by one of our members Wendy. This was all about headlights glare and how dangerous they are causing many an accident. Mainly due to the new LED headlights. Wendy had all the statistics and also the fact that 91% of drivers complain. This leads to a tendency of older people to avoid driving at night and having to slow down considerably to avoid being blinded. In recent days there were 280 crashes. We followed with the inevitable discussions on our favourite person Mr Trump. It is alleged but not known if true that Donald Trump was in hock to Russia. Hence his strong affiliations. That Russia lent money in the late 1900's to Mr Trump. This resulted in another long discussion and how other world leaders are reacting to the many contentious actions he is taking. Including his recent discussions in USA with President Zelensky.



### First Friday Walkers

Group contact: Margaret Curtis

Our walk on 2<sup>nd</sup> May will be led by Pat and Helen. Pat's description follows:

The walk is at Castle Hill Gardens, Filleigh. Take the A361 from Barnstaple, turn right at the Landkey round about and carry on through Landkey, Swimbridge and Filleigh. Turn left at the lodge (main gate) and follow signs to the free car park, ready for a 10.30 start. As this is a private estate, belonging to Lady Arran, there is an entrance charge of £7.00. I am still negotiating for it to be a bit lower, (fingers crossed). The first part of the walk is up hill (not too steep), to the castle ruins where we have our coffee break. From here there is a 360-degree panoramic view, including Lundy, Exmoor and Dartmoor. Let's hope it is a clear day. After coffee you are free to explore the many paths, walking as far or as little as you wish. Of course, you can choose to stay with the group. Please meet back at the car park for 12.30. Lunch will be at the Stags Head, five minutes' drive away and needs to be ordered in advance; the menu is on stagshead.co.uk Lunch menu, or contact Margaret. Directions: Turn left out of the estate, then take the first turning on the right.

Please reply to Pat on or before Tuesday 29<sup>th</sup> April, on 01237 425572 or text to 07974010224

Looking forward to seeing you all,



### French.

Our group is conversation based and members have a reasonable level of vocabulary and grammar knowledge. We also listen to native french speakers via you tube. It is not suitable for beginners.



### Knit & Stitch Group.

Group contact: Heather Williams

in the Upper Room. We enjoy working on our own projects, finding out about what everyone else is making, having a chat and a cup of tea or coffee



The group heard one member's De-



### Let's Talk About Books

Group contact Peter Flacke

sert Island Books (choices: The Children of the New Forest by Captain Frederick Marryat; East of Eden by John Steinbeck; The Alexandria Quartet by Lawrence Durrell; Barchester Towers by Anthony Trollope; Scoop by Evelyn Waugh; The Jewel in the Crown by Paul Scott; A Merry Dance Around the World by Eric Newby; Love in the Time of Cholera by Gabriel Garcia Marquez). The following were among the books then presented:

Normal Women by Philippa Gregory - A social history of Britain over the last 900 years, highlighting the contributions of women despite the patriarchal oppression. Vox by Christina Dalcher - A dystopian account of Taliban style restrictions being imposed on the fairer sex in a not very far distant future under a maverick right wing president. Fortunately the day is saved by a...[spoiler alert].

Eats, Shoots and Leaves by Lynne Truss - The famous best seller about grammar in which the author takes aim at the greengrocer's apostrophe and the aberrant comma.

Babel by RF Kuang - An incendiary new novel from the award-winning author about the power of language, the cruelty of empire, and the sacrifices of resistance - a riveting blend of fantasy and historical fiction (Amazon says).

Arguably by Christopher Hitchens - A collection of essays by the late lamented polemicist about everything from Isaac Newton to Foxhole Atheists to Why Women Aren't Funny.

Tripwire by Lee Child - A thriller in which the villain is distinguished from the hero by being brutal and sadistic as opposed to merely brutal. Still, you have to admire a writer who chose his pen name to sit between Chandler and Christie on the bookshop shelves.

Next meeting 28th April at 2.00 pm. The topic for discussion will be another member's Desert Island Discs



### History Group

Group contact: Everett .sharp

The newly set up History Group (meeting every second Thursday 10-12pm in the Upper Room) held their inaugural meeting this month. Members introduced themselves and shared their historical interests. We discussed proposals for the format of meetings and, more importantly, came to a decision on whether to include a

tea break or not. Two short(ish) presentations were made, one on the WW1 poets, Edward Thomas and Robert Graves, and the other on a satirical account of how the Great Powers blundered into WW1 titled "If WW1 were a bar fight". Everett Sharp agreed to become group leader. He is a published author on military history who has also contributed work for Oxford University. Next meeting April 10 at 10am. The theme for the meeting will be Revolution.



**Mah jong**  
Morning Grp Contact: Nicky Heading

Would you like a morning of fun and laughter whilst at the same time exercising your brain? Mahjong is a good opportunity to do just that so why not give it a go? We are a very friendly group who would welcome any new members, beginners or "old hands". We meet on the first three Mondays of the month in the upper room at 10am until noon. Cost is £2 per session and we have all the equipment you'll need. **Please note the group is now full but we are happy to start a waiting list if required!**



**Music—Blues/Rock.**  
Group Contact: David Mclellan

The March meeting was cancelled



**Playreading.**  
Group contact: Christine Holmes

The Playreading Group meets at members homes fortnightly at 2pm. We read a variety of plays including dramas, comedies and thrillers provided by Exeter Library. Currently we have a vacancy for someone to read male roles.



**Practical Philosophy**  
Group Contact: **Stuart Mealing**

**Or Irene Baxter**

Cliff led the group this month on the topic of quantum mechanics, for which we were primed with two short online videos, and gave us a clear and thorough introduction to the challenging subject in which he made particular reference to the work of Roland Penrose. We learned that we were dealing with the world of the ultra-ultra-small, the sub-atomic, and that quantum mechanics breaks into a completely new realm of fundamental physics which contradicts our 'normal', established understanding of the world. Things can be in two places at once, they can spin in opposite directions at the same time and time can go backwards. Whilst it was made clear that we were looking at a science it has great relevance to philosophy because it throws wide open established notions of reality and consciousness and this relevance was an important part of our discussion. It was also suggested that mathematics itself can be consid-

ered a branch of philosophy. Whilst recapping on the infamous thought experiment involving Schrodinger's cat (which is both dead and alive at the same time) it was interesting to learn that this paradox was devised in a discussion with Albert Einstein as a critique of the Copenhagen interpretation of quantum mechanics. Since quantum interaction makes the sun work - without which we wouldn't exist - and provides the building blocks of matter, time and space, it raises questions that have the most profound consequences for our understanding of the universe.



**Science, & Technology Society.**  
Group contact: **Barry Zussman**

At our last meeting, Graham Thompson entertained us with a look back at the ignominious history of some great British breakthroughs in science & technology which we failed to make the most of, due largely to the suffocating combination of hesitancy, bureaucracy, and governmental bungling!

Please note that this month's meeting will take place on Tuesday 29<sup>th</sup> April (not the 22<sup>nd</sup>, which is Easter week), when David Dickinson will be looking at the changing patterns of our weather, and how factors that have influenced the Earth's climate in the past - sometimes catastrophically - can inform our projections for the future of our rapidly warming planet today. Hope you can join us!

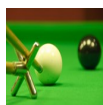


**Short/Soft Tennis** - Group Contacts:  
Tuesday session: Janet Broomhead (Jan)

Thursday session: Lynn Woolley

We meet at 2pm for an hour every Tuesday and at 3pm every Thursday at the Atlantic Racquet Centre. All equipment is provided free and an hour long session cost £3. No experience necessary. All equipment supplied. Fun and exercise guaranteed

The U3A Snooker Group has two separate weekly sessions on Tuesday and Wednesday mornings at the Kings-



**Snooker (Tue & Wed)**  
Current Contact: Dennis Pavitt

ley Hall in Westward Ho! We spend two enjoyable hours trying to re-capture past snooker skills and enjoying the company of similar snooker enthusiasts. If you would like further information please give me a call or send me an email.

The Table Tennis Group are still enjoying our sessions at the Youth Centre and are gradually picking up numbers



**Table Tennis.**  
Group Contact: **Christine Isaac**

again. We would be happy to see any new players that might wish to give us a try

The Beginners Table Tennis Group meets every Thursday morning at the Atlantic Racket Centre in Bideford. Follow-



### Beginners Table Tennis.

Group Contact: Melvyn Lowther

In the February newsletter, I can now report that we have welcomed 3 new members to the group and therefore have no vacancies at the present time. Ann and Mick will be leading the April walk. De-



### Third Friday Walkers.

Group contact: **Linda Burgess-Bentley**

tails as follows:

Our walk on the 18<sup>th</sup> April is an old favourite – Upper Tamar Lake, followed by lunch at the New Inn, Kilkhampton.

It will take about 45 minutes from Bideford to the New Inn, which will be open for us to order our lunch and use the toilets. Please allow enough time for this stop. It will take about 10 minutes to get to Upper Tamar Lake and we will be setting off on the walk at 10.30am. Parking costs £2.50 for 2 hours, which should be enough. The walk around the lake is flat, on good pathway, and is 2.7 miles long.

If you would like to join this walk and lunch, please contact Ann Scambler

The Ukulele Group's 2 meetings in March were mainly devoted to practicing a new playlist for a gig in early



### Ukulele group.

Group contact **Richard Patmore**

April, when we have been asked to play songs that the club members that we are playing for, remembered from their youth. A playlist was devised including songs by the Beatles, Tom Jones, Herman's Hermits, Buddy Holly, etc.

New members are always welcome to come and join us. Group 1 produced their own unique version of a colourful, impressionistic lobster. They were shown how to



### Watercolour Groups 1&2.

Contact: Brenda Cammann

mix pigments on the paper as opposed to in a palette which gave some beautiful and interesting results. Some members embellished their picture with ink turning it into a 'line and wash' painting.

Group 2 painted a simple subject as a focal point for their painting and then used the BOKEH technique in the background to embellish



their picture. It was explained

that they may never use this skill but, at least they know of it! One member brought along her completed painting of a lobster which had a plain background and completed it to great



effect with BOKEH. BOKEH is a term which will be a familiar word used by pho-



tographers. It uses light to produce a blurred effect. In painting it can be used in order to create recession and perspective in a painting.



### U3A CROQUET GROUP

Braunton U3A run a croquet group during the summer and invite members from the surrounding U3A's to join the group.

The U3A Croquet Group will be starting on Tuesday 29th April.

The group meets weekly at Barnstaple Croquet club, Raleigh Meadow, off St. Georges Road, Barnstaple, EX31 4UX.

Tuesday, weather permitting, during the summer from 2pm to 4pm.

No experience is necessary and all equipment and coaching is provided.

The cost is £4 to join or rejoin the group and £4 for every session you attend.

Contact Anne Young for more information and to book your place.

Come along to meet friendly people for a fun afternoon

# DIARY PAGE

ACTIVITY	DATE	START	END	LOCATION
<b><u>Groups below meet every week</u></b>				
Badminton	Wednesdays	10:00	11:00	Atlantic Racquets Centre
Bridge for Improvers	Every Tuesday evening	18:45	20:45	Upper Room St Margarets
Croquet (Braunton)	Weekly on Tuesday - (May to Sept)	14:00	16:00	Croquet Club Barnstaple
French	Every Tuesday	10:30	12:30	Upper Room St Margarets
Short/Walking Tennis Thursday	Every Thursday afternoon	15:00	16:00	Atlantic Racquets Centre
Short/Walking Tennis Tuesday	Every Tuesday Afternoon	14:00	15:00	Atlantic Racquets Centre
Snooker on Tuesday	Every Tuesday from 10 a.m till 12 noon	10:00	12:00	Kingsley Snooker Hall
Snooker on Wednesday	Every Wednesday 10 am - 12 noon	10:00	12:00	Kingsley Snooker Hall
Table Tennis	Every Thursday	10:00	12:00	Bideford Youth Centre on the Pill
Table Tennis for beginners	Every Thursday between 10.00 and 11.00	10:00	11:00	Atlantic Racquets Centre
<b><u>Groups below meet two or three times a month</u></b>				
Canasta Group	Twice a month on 2nd and 4th Thursdays	10:30	12:30	Westward Ho
Knit and Stitch group	1st & 3rd Thursdays	14:00	16:00	Upper Room St Margarets
Mahjong Morning	1st and 3rd Monday between	10:00	12:00	Upper Room St Margarets
Play Reading	Every fortnight on Mondays at 2pm	14:00	16:00	private members houses various
Ukulele Group	1st & 3rd Mondays of every month	14:00	16:00	Northam Hall
<b><u>Groups below meet once a month</u></b>				
Bird Watching	TBA			Contact Group Leader
Book Group 1	3rd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Book Group 2	4th Thursday in every month	10:00	12:00	Upper Room St Margarets
Book Group 3	1st Tuesday in every month	14:30	16:00	Upper Room St Margarets
Crafty Cards	3rd Wednesday in every month	09:30	12:00	Upper Room St Margarets
Creative Craft Class	3rd Thursday in the month	10:00	12:00	Upper Room St Margarets
Devon Inns	2nd Thursday in every month	12:00	14:00	See Newsletter or Contact Group Lead
Digital Camera Group 1	2nd Wednesday every month	14:00	16:30	Upper Room St Margarets
Digital Camera Group 2	3rd Wednesday in Month	15:00	17:30	Upper Room St Margarets
Discussion Group	1st Wednesday in every month	10:30	12:30	Upper Room St Margarets
First Friday Walkers	1st Friday in every month	10:30	13:00	See Newsletter or Contact Group Lead
Lets Talk About Books	4th Monday of the month at 2.00 pm	14:00	16:00	Upper Room St Margarets
Monthly Lunch	3rd Wednesday in Month	12:00	15:00	The Royal Hotel,Bideford
Music - Blues/Rock	2nd Thursday in every month	14:00	16:00	Upper Room St Margarets
Practical Philosophy	2nd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Science & Technology Society	4th Tuesday in every month	14:30	16:30	Upper Room St Margarets
Third Friday Walkers	3rd Friday in every month	10:30	13:00	See Newsletter or Contact Group Lead
Watercolour Group 1 (Improvers)	First Wednesday of the month	14:00	16:00	The Northam Community Centre
Watercolour Group 2 (Beginners)	Fourth Monday of the month	10:00	12:00	Upper Room St Margarets